

# Interventional Cryoneurolysis

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# Disclosures

- Chief Medical Officer — Focused Cryo, Inc.

# Is Cryoneurolysis New?



The Annals of Thoracic Surgery  
Volume 18, Issue 3, September 1974, Pages 280-285

Intraoperative Intercostal Nerve Freezing to Prevent Postthoracotomy Pain

K.M. Nelson M.D., R.G. Vincent M.D., R.S. Bourke M.D., D.E. Smith M.D., W.R. Blakeley M.D., R.J. Kaplan M.D., M. Pollay M.D.

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[https://doi.org/10.1016/S0003-4975\(10\)64357-3](https://doi.org/10.1016/S0003-4975(10)64357-3)

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**Abstract**

Intraoperative intercostal nerve freezing has been found to improve coughing and deep breathing and reduce the need for narcotics postoperatively. The incision is rendered anesthetic, and the procedure does not require repetition. This technique avoids the possible



# So What Is Different?

- Three things



Advanced  
Imaging  
Guidance

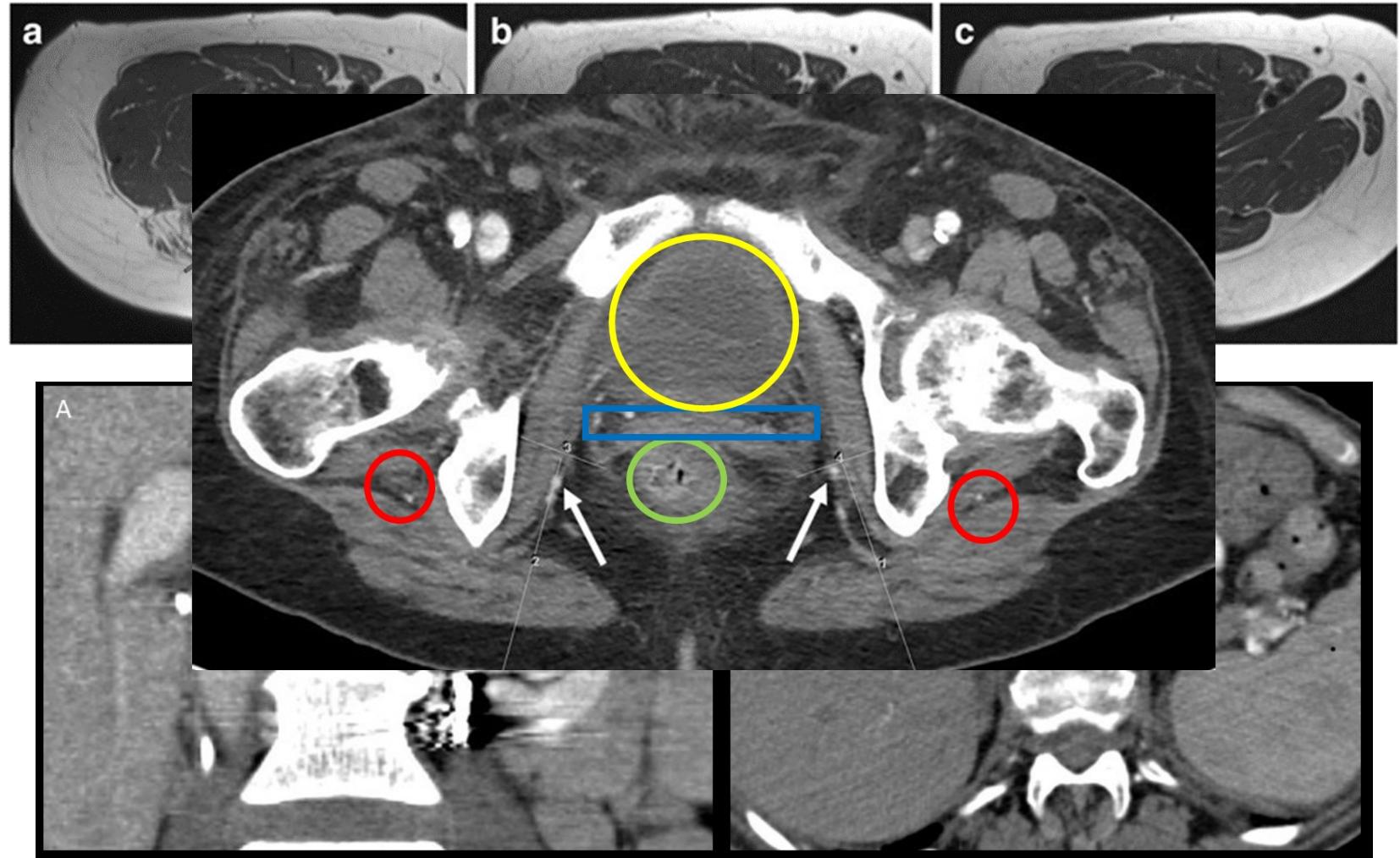


Neurohistology



Regeneration

Advanced  
Imaging  
Guidance



# Temperature Mediated Injury to Nerves

+10° C  
Temporary  
signaling  
inactivation

-5° C  
Conduction  
block lasting  
hours - days

-20° C  
Axonotmesis



Na/K pump  
disruption

Axonal and Myelin degeneration

# Neurohistology

Seddon	Sunderland	MacKinnon	Description
Neuropaxia	1		Local physiologic block with paralysis but no anatomic disturbance of the nerve. Full recovery is expected
Axonotmesis	2		Nerve injury with degeneration of the distal segment. Intact endoneurium and perineurium. Full recovery occurs at rate of 1.5 mm/day
	3		Endoneurial damage with subsequent scarring and incomplete regeneration. Variable recovery
Neurotmesis	4		Nerve damaged with complete internal structural disorganization. Nerve trunk remains intact. No functional recovery unless operative intervention
	5		Nerve trunk cut completely. Early operative intervention necessary for restoration of some function
	6		Mixed nerve injury



Trescot AM. *Pain Physician*. 2003;6(3):345-60.

# Neurohistology

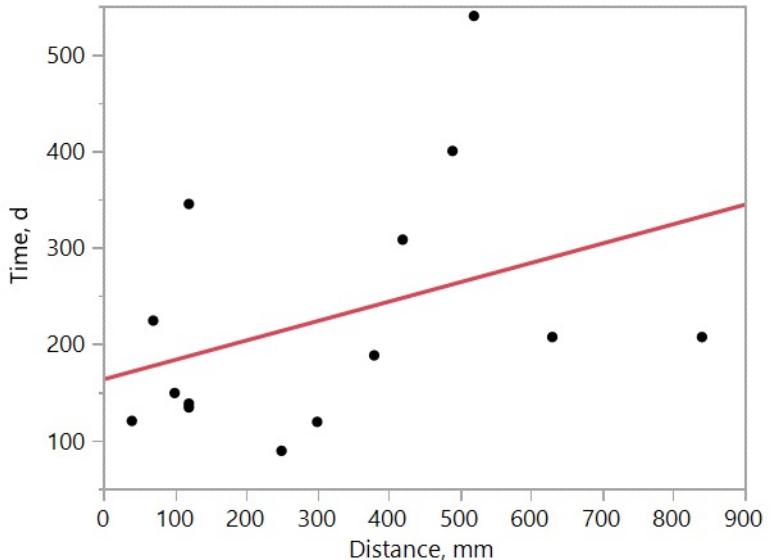
Depth	Table 1. Nerve injury as a function of cold [5,7].	
Blood Flow	Reversible	+10 to -20°C
Nerve Size and Composition	First degree Neuropraxia – interruption of conduction; short recovery time	-20°C to -100°C
Time	Second degree Axonotmesis – Loss of axon continuity, Wallerian degeneration; preservation of endoneurium, perineurium and epineurium	-140°C and colder
Lesion Length	Nonreversible Third/Fourth degree Neurotmesis – loss of axon continuity; some loss of continuity of endoneurium and perineurium Fifth degree Transection (severe neurotmesis) – gross loss of continuity	Not possible with cryoneurolysis

Ilfeld BM, Preciado J, Trescot AM. *Expert Rev Med Devices*. 2016;13(8):713-25.

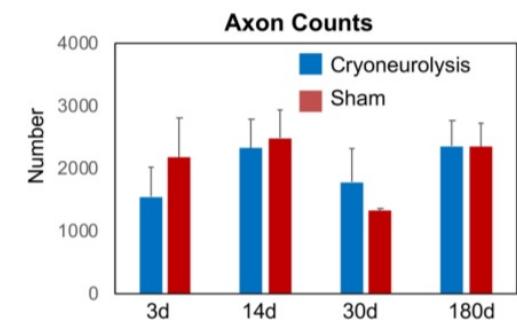
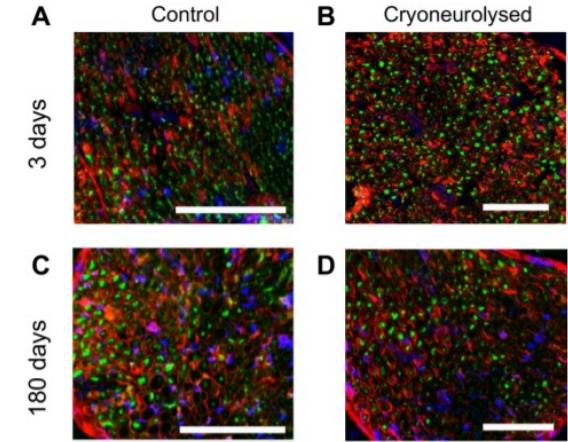




## Regeneration



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Original research

Does cryoneurolysis result in persistent motor deficits? A controlled study using a rat peroneal nerve injury model

Sameer B Shah<sup>1</sup>, Shannon Bremner<sup>1</sup>, Mary Esperanza<sup>1</sup>, Shanelle Dorn<sup>1</sup>, Elisabeth Orozco<sup>1</sup>, Cameron Haghshenas<sup>1</sup>, Brian M Ilfeld<sup>2</sup>, Rodney A Gabriel<sup>2</sup> and Samuel Ward<sup>1</sup>

Author affiliations +

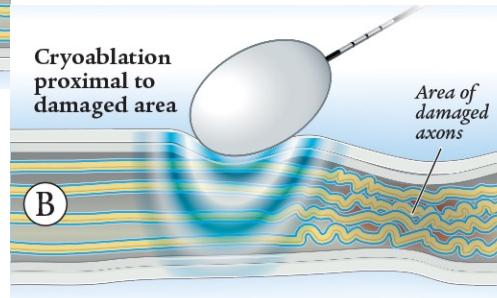
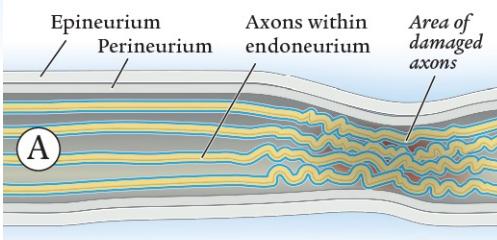
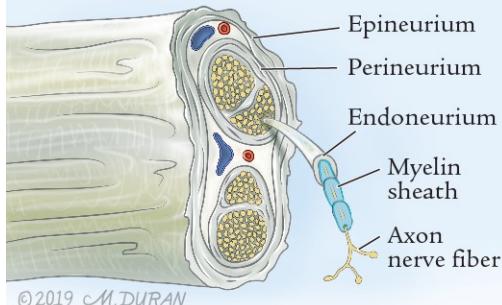
 Article Text

 Article Info

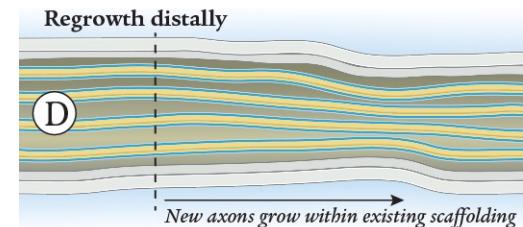
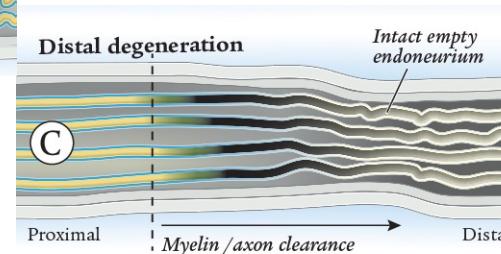
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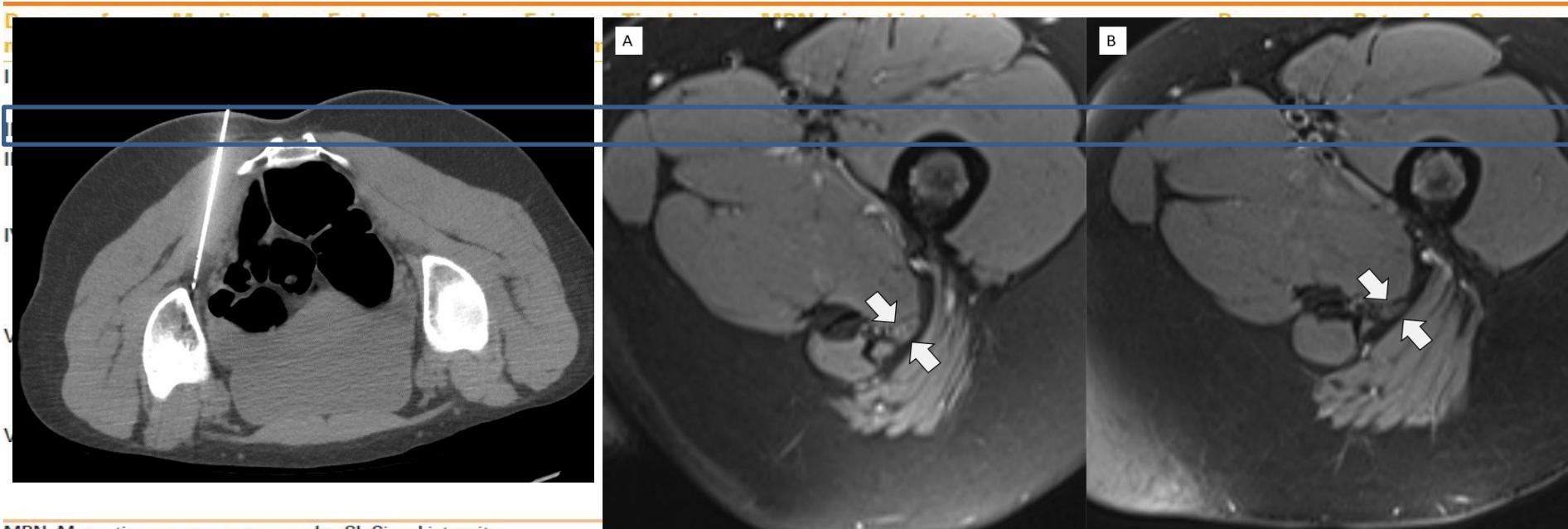


## Peripheral Nerve Scaffolding



Seddon	Sunderland	MacKinnon	Description
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Indian J Radiol Imaging. 2014 Jul-Sep; 24(3): 217–224.  
doi: [10.4103/0971-3026.137025](https://doi.org/10.4103/0971-3026.137025)

PMCID: PMC4126136  
PMID: [25114384](https://pubmed.ncbi.nlm.nih.gov/25114384/)

Peripheral nerve injury grading simplified on MR neurography: As referenced to Seddon and Sunderland classifications

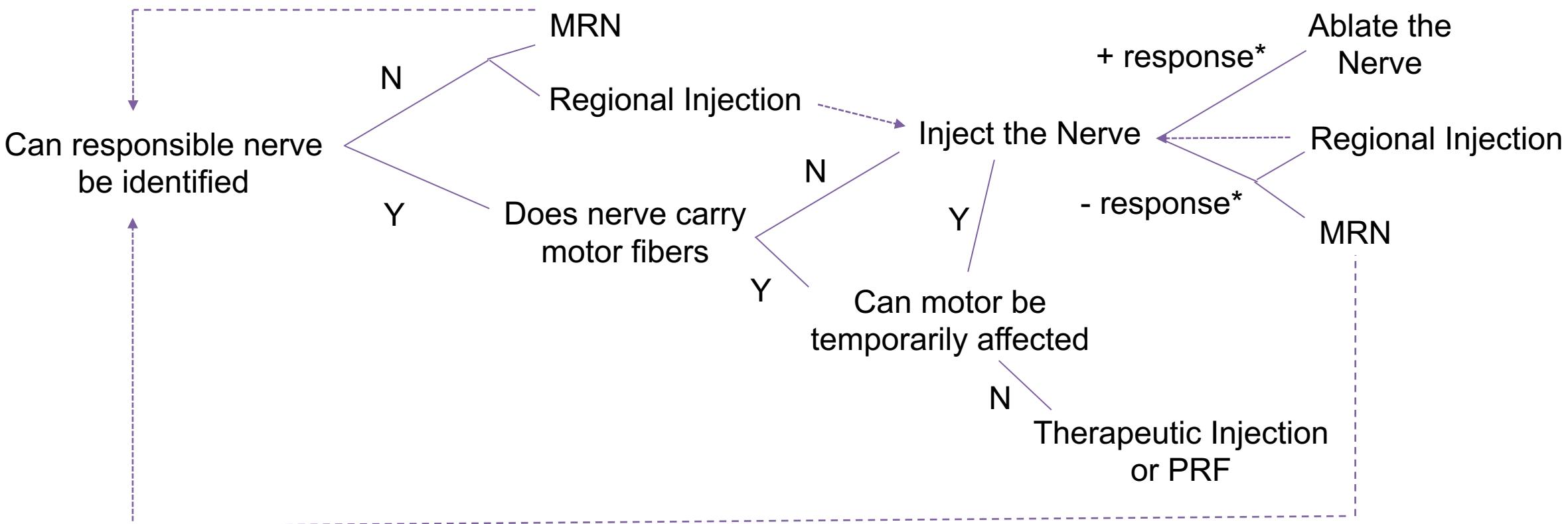
Avneesh Chhabra, Shivan Ahlawat,<sup>1</sup> Allan Belzberg,<sup>2</sup> and Gustav Andreesen<sup>3</sup>

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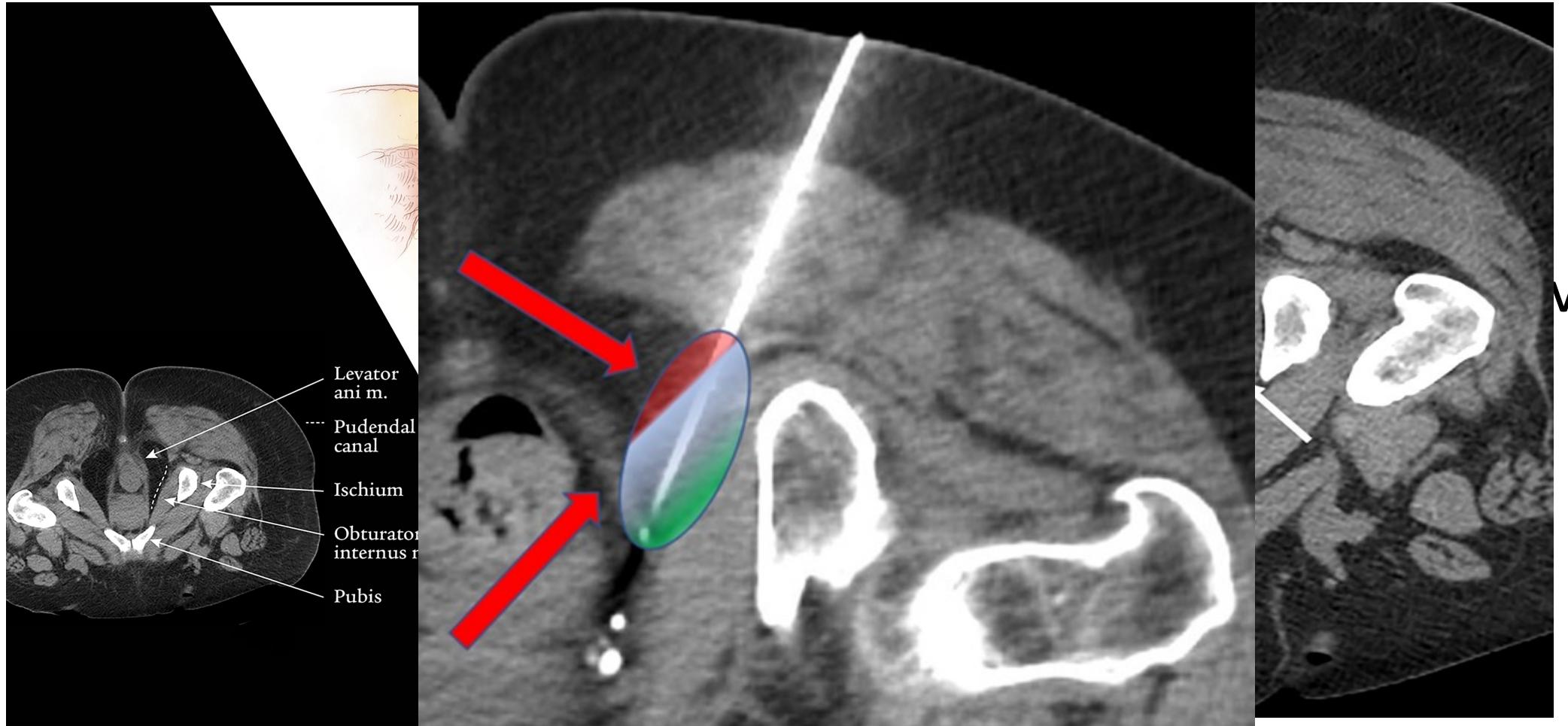


# How this Works (Non-Oncology)

\* 50% better, or 3 points on the VAS

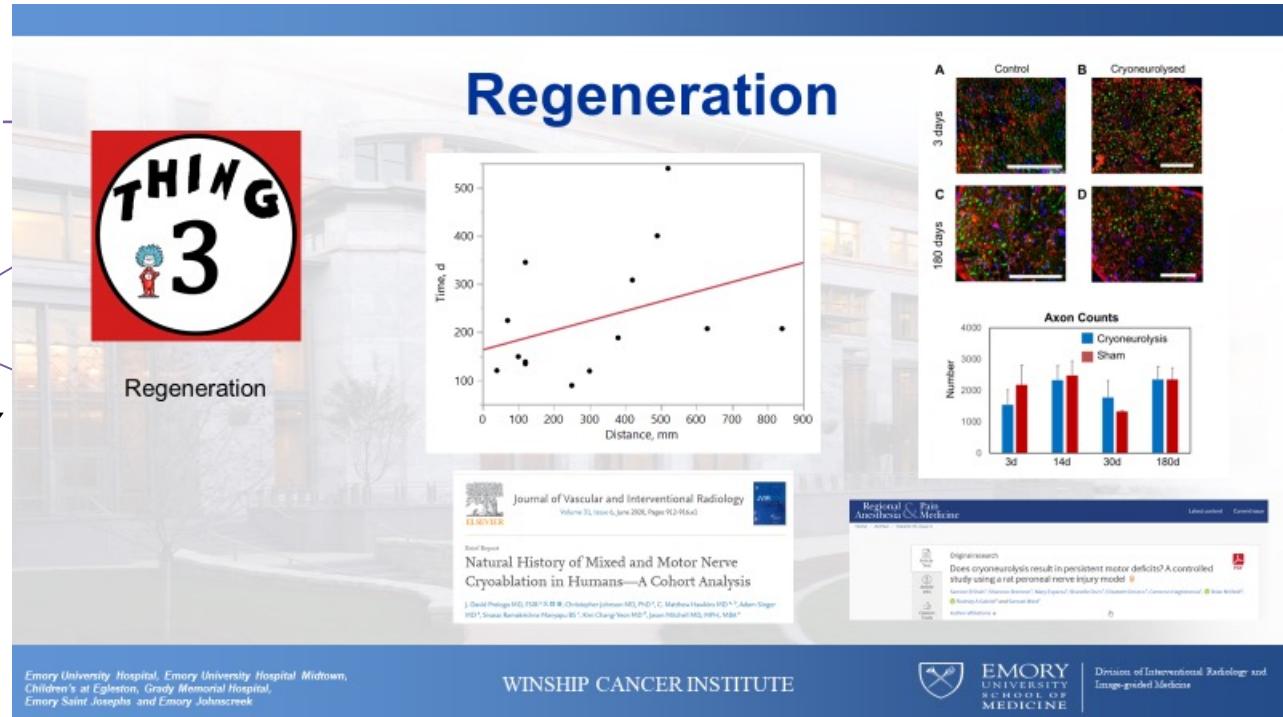
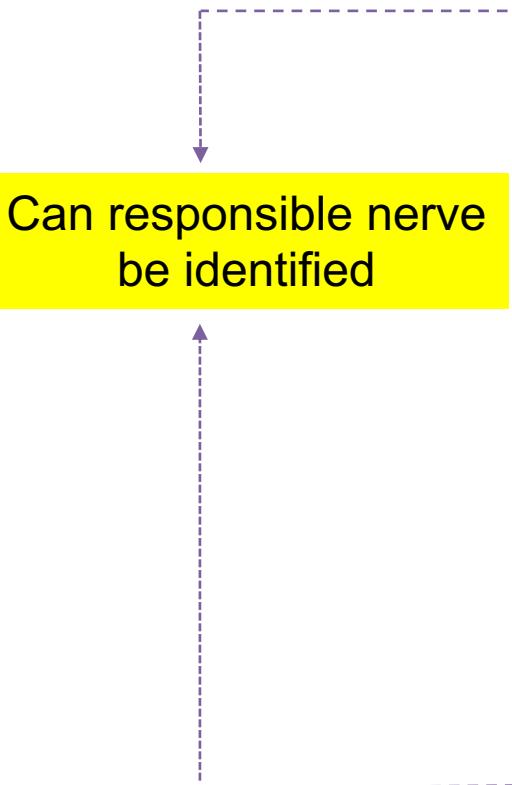


# How this Works (Non-Oncology)



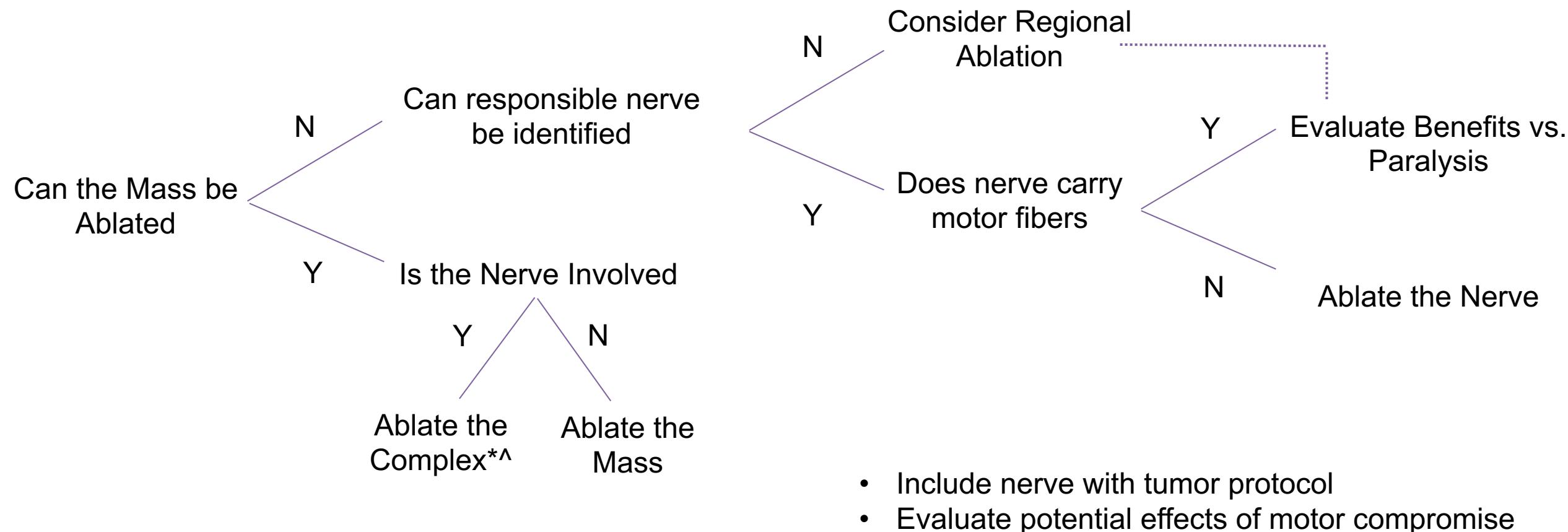
# How this Works (Non-Oncology)

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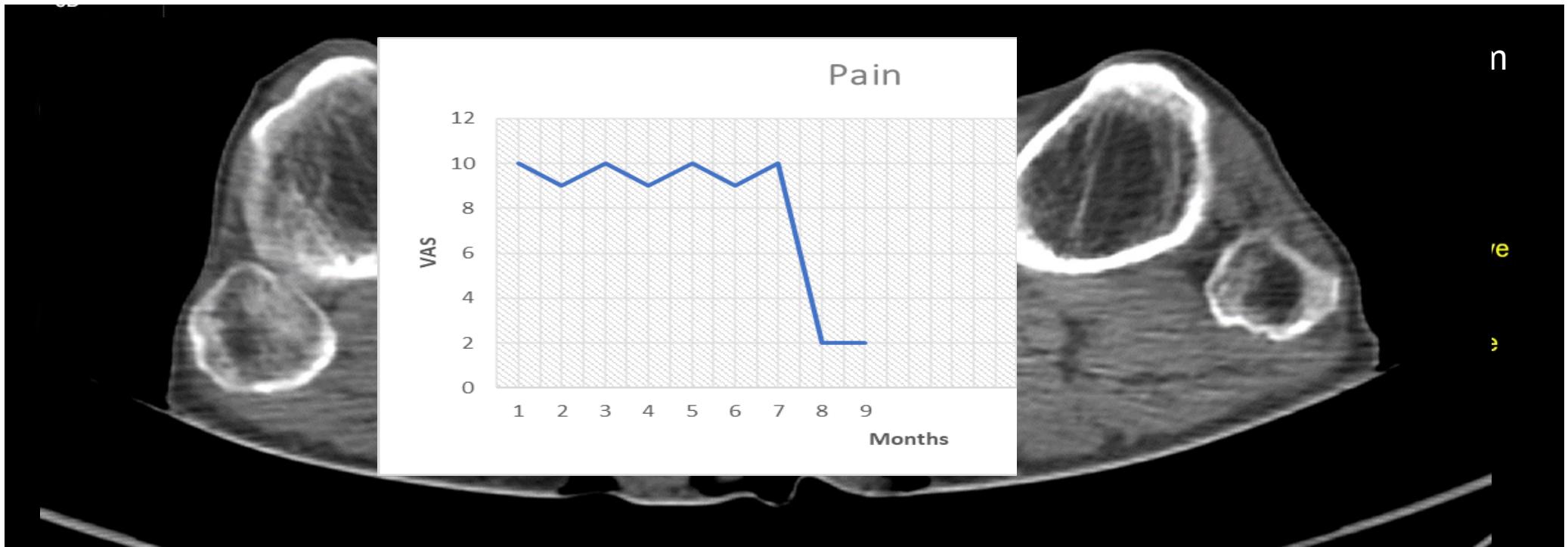
Therapeutic Injection or PRF

# How this Works (Oncology)

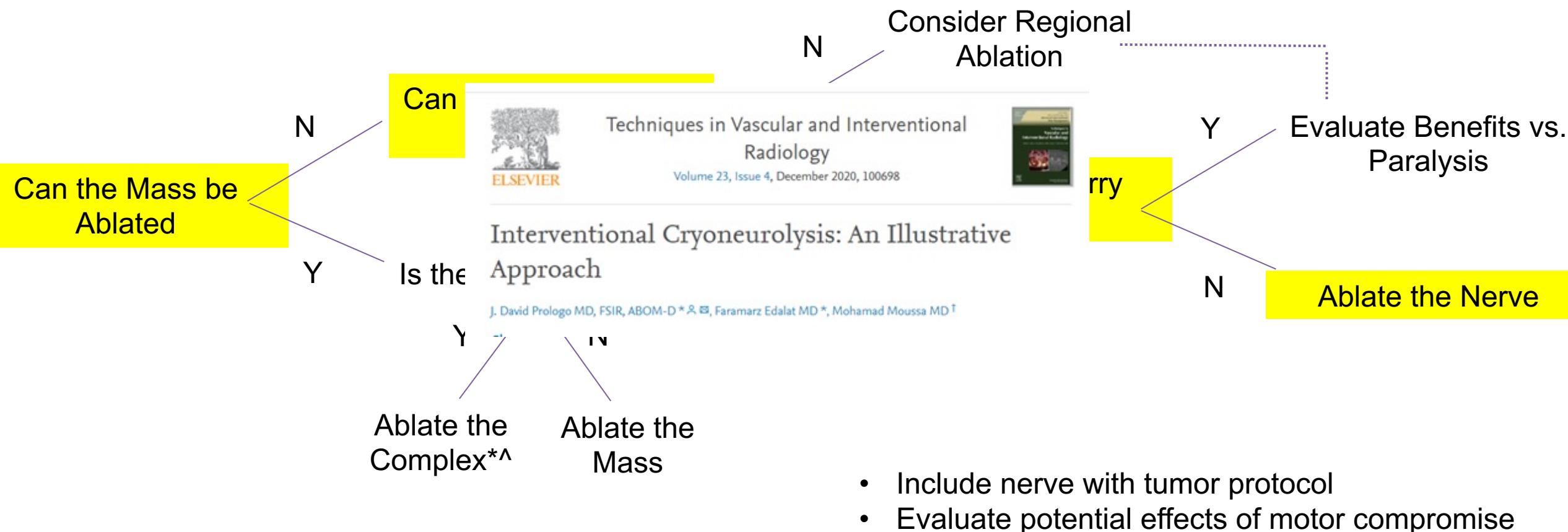


- Include nerve with tumor protocol
- Evaluate potential effects of motor compromise

# How this Works (Oncology)



# How this Works (Oncology)



# Thank You

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