

IO in the COVID World: Singapore

Uei “Way” PUA

MBBS, FRCR (UK), MMed, FAMS, FCIRSE, FSIR

Senior Consultant, Department Of Diagnostic Radiology

Tan Tock Seng Hospital (TTSH), Singapore

Associate Professor of Radiology, National University of Singapore



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COVID-19 IR: Tan Tock Seng Hospital (TTSH) + National Center for Infectious Disease (NCID)



COVID-19 in Singapore

- One of the first countries outside of China to have a positive case (23 Jan 2020)
- Total case load n = 57576 (18 Sept)
- Mortality n = 27 (0.04%)
- Peak single-day new cases of 1,426 (20 April 2020)
- 8-week lockdown (“circuit breaker”) with largest surge (April–June 2020)

COVID-19 in TTSH

- Co-located with the National Center for Infectious Disease (NCID)
- Main hospital handling COVID-19 in Singapore, up to 80% of all COVID-19 cases requiring acute care
- Single-day highest COVID-related encounter of 520
- Bed surge of 1,450 COVID beds, 700 non-COVID beds during peak
- Battle-hardened IR unit with experience from prior major outbreaks
- SARS 2003 (designated hospital)
- H1N1 2009
- Zika, Ebola, you name it

TTSH/NCID

SARS, H1N1, COVID-19

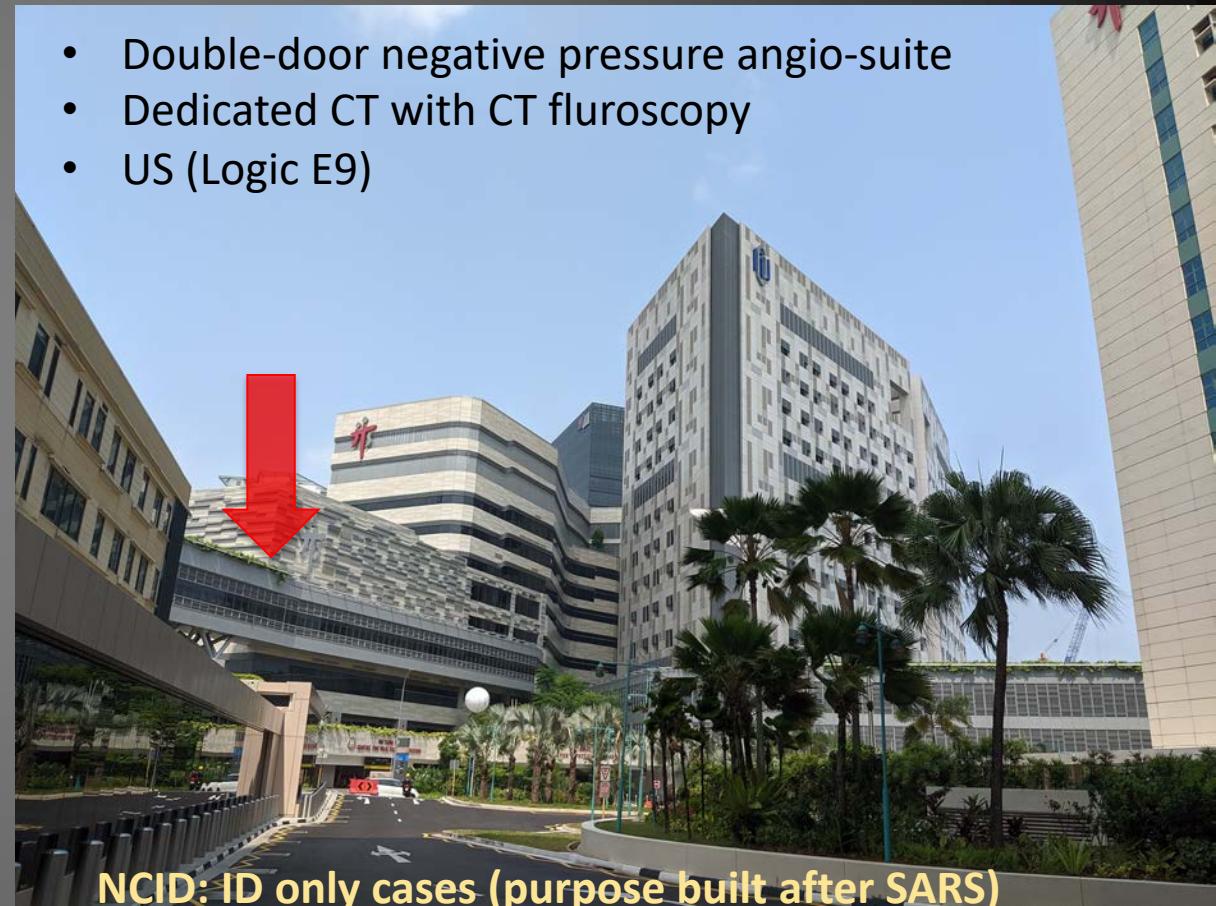


TTSH: 1,500 beds

VIR: 12 IRs

Biz as usual for life-saving/limb-saving cases

- Double-door negative pressure angio-suite
- Dedicated CT with CT fluroscopy
- US (Logic E9)



NCID: ID only cases (purpose built after SARS)

330 isolation beds (up to 500+ beds)

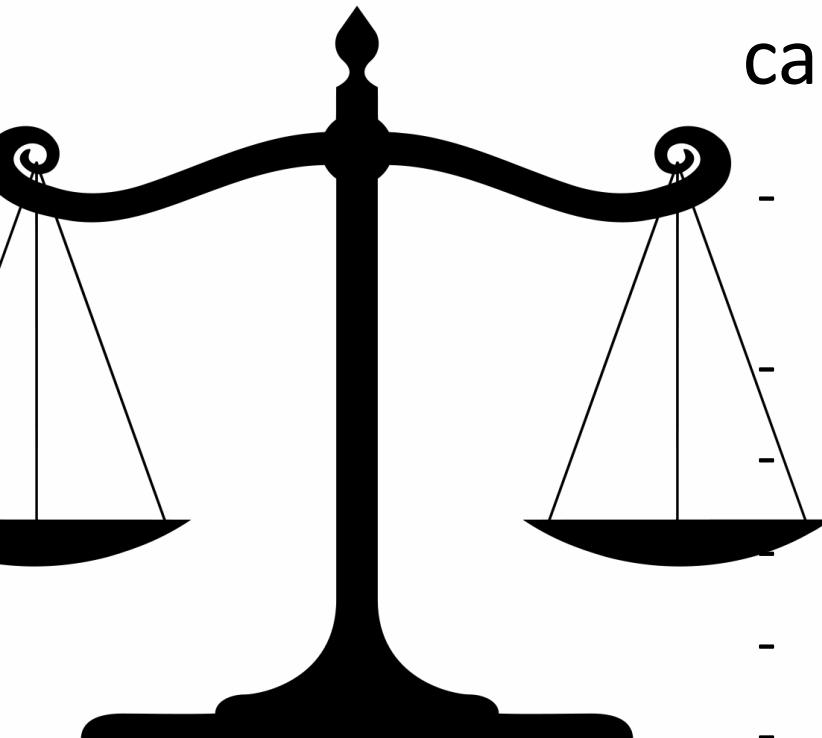
30 ICU beds

Bio-safety level 3

COVID-19 Issues: Stop EVERYTHING until it blows over?

- Cross-infection risk to patients and staff
- Resource conservation (beds, ICU, PPE)
- Staff redeployment/workflow
- National policies (social distancing, lockdown)
- Logistics chain: Y90, Tc99m
- Physician movement limitations

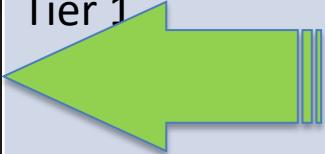
IR During Pandemic



Non-COVID-19 Patients: How far can we kick the can?

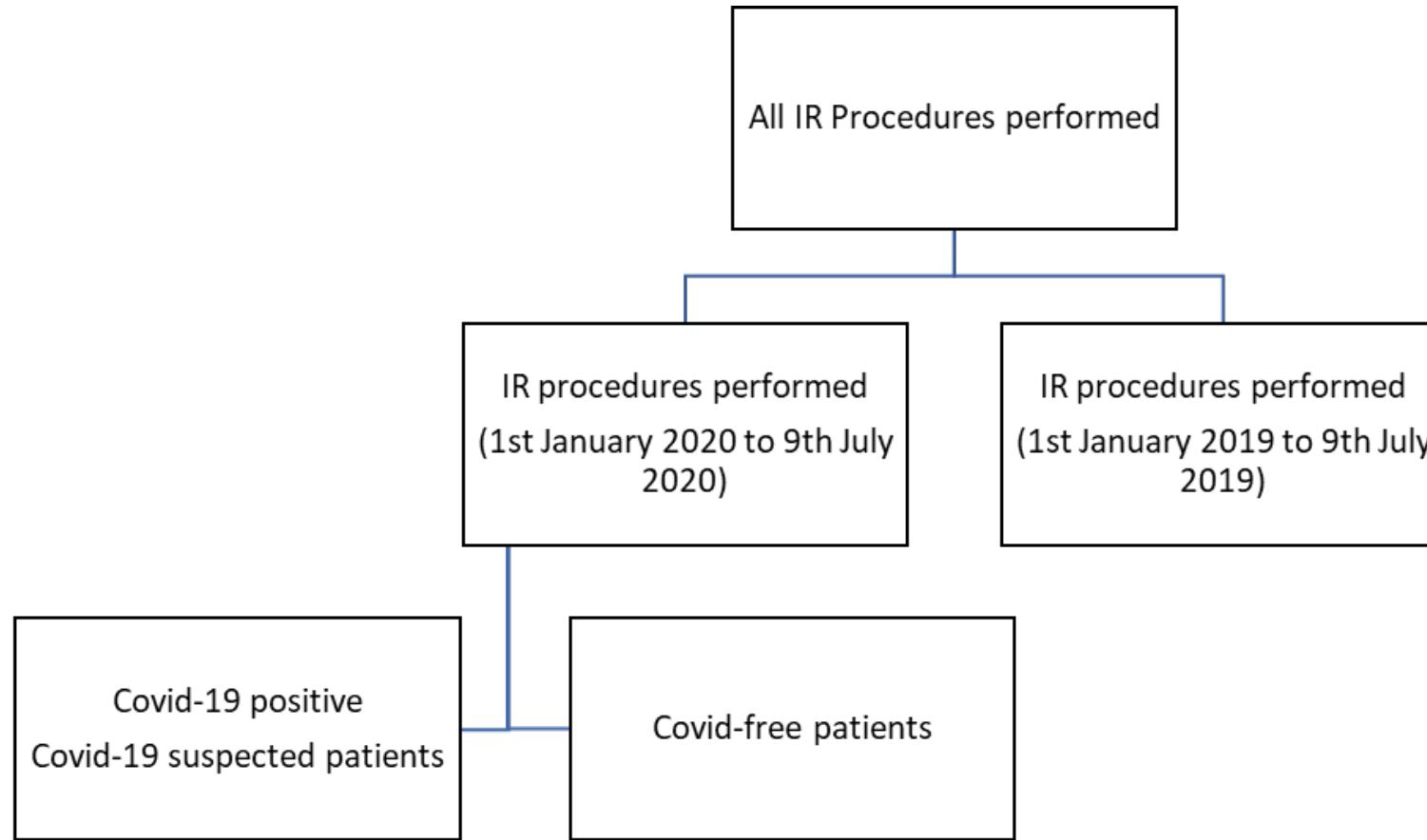
- Uncertainty of duration of outbreak
- Delay in definitive treatment
- Delay in cancer diagnosis
- Delay in palliative procedures
- Psychological impact
- Sudden escalation of outbreak with complete hospital shutdown

Wang Z, Wang J, He J. *JAMA Oncol.* 2020. Hanna TP, Evans GA, Booth CM. *Nat Rev Clin Oncol.* 2020.

IR-Procedure Acuity Scale Tier	Definition	Examples	Action
Tier 1  Postpone Tier 1 by 4 weeks	Low-acuity procedure	T1a Renal tumors ablation	Postpone
Tier 2  Replace Tier 1 schedule with Tier 2 cases Aka: "list compression" Tier 2 gets done earlier than usual	<p>Rationale:</p> <ul style="list-style-type: none"> - Can't "keep kicking can down the road" - Most Tier 2 cases are outpatient-based with no inpatient burden (cancel at short notice is possible) - Augmented IR manpower due to leave curtailment/travel restriction - Significant impact on treatment delays in non-COVID conditions - Caveat: good infection control measures, nimble response to fluid situation 		
Tier 3	High-acuity procedure	Embolization (bleeders) Drainage (infection)	Do not postpone

Management of IR Caseload in TTSH

IR Caseload Analysis of the First 28 Weeks of COVID-19 in TTS defense



Wang Z, Wang J, He J. *JAMA Oncol.* 2020. Hanna TP, Evans GA, Booth CM. *Nat Rev Clin Oncol.* 2020.

IR Procedures on COVID-19 Patients (2020) vs. SARS-CoV patients (2003)

Table 3 (IR procedures performed during the Covid-19 pandemic (at NCID) and the SARS-CoV outbreak)

Type of procedure	Procedure	Covid-19 Pandemic (2020)		SARS-CoV Outbreak (2003)
		n (%)	n= 34	n (%)
Vascular intervention	Permanent catheter insertion/change	3 (8.8%)		4 (14.3%)
	Peripherally inserted central catheter	7 (20.6%)		8 (28.6%)
	Thoracic Endovascular Aortic Repair (TEVAR)	1 (2.9%)		
	Retrieval of vascular central catheter			1 (3.6%)
	Inferior vena cava filter insertion			1 (3.6%)
Interventional oncology	Axillary biopsy	1 (2.9%)		
	Hepatic tumor embolization	1 (2.9%)		
	Para/thoracentesis	7 (20.6%)		12 (42.9%)
General intervention	Lung biopsy	2 (5.9%)		
	Feeding tube insertion	2 (5.9%)		
	Abdominal abscess drain insertion	3 (8.8%)		
	Drain review studies	2 (5.9%)		
	Percutaneous cholecystostomy/biliary drain insertion	1 (2.9%)		1 (3.6%)
	Biliary stent insertion			1 (3.6%)
	Percutaneous nephrostomy insertion/change	2 (5.9%)		
	Nephro-ureteric stent insertion/review	2 (5.9%)		

Intensive care procedures account for >50% of the IR load

Goh SSN, Pua U, et al. Br J Surg. 2020. Yong E, Pua U, et al. Br J Surg. 2020.

Figure 2 (Weekly number of Covid-19 cases with weekly IR procedures performed classified based on IR-PAS classification)

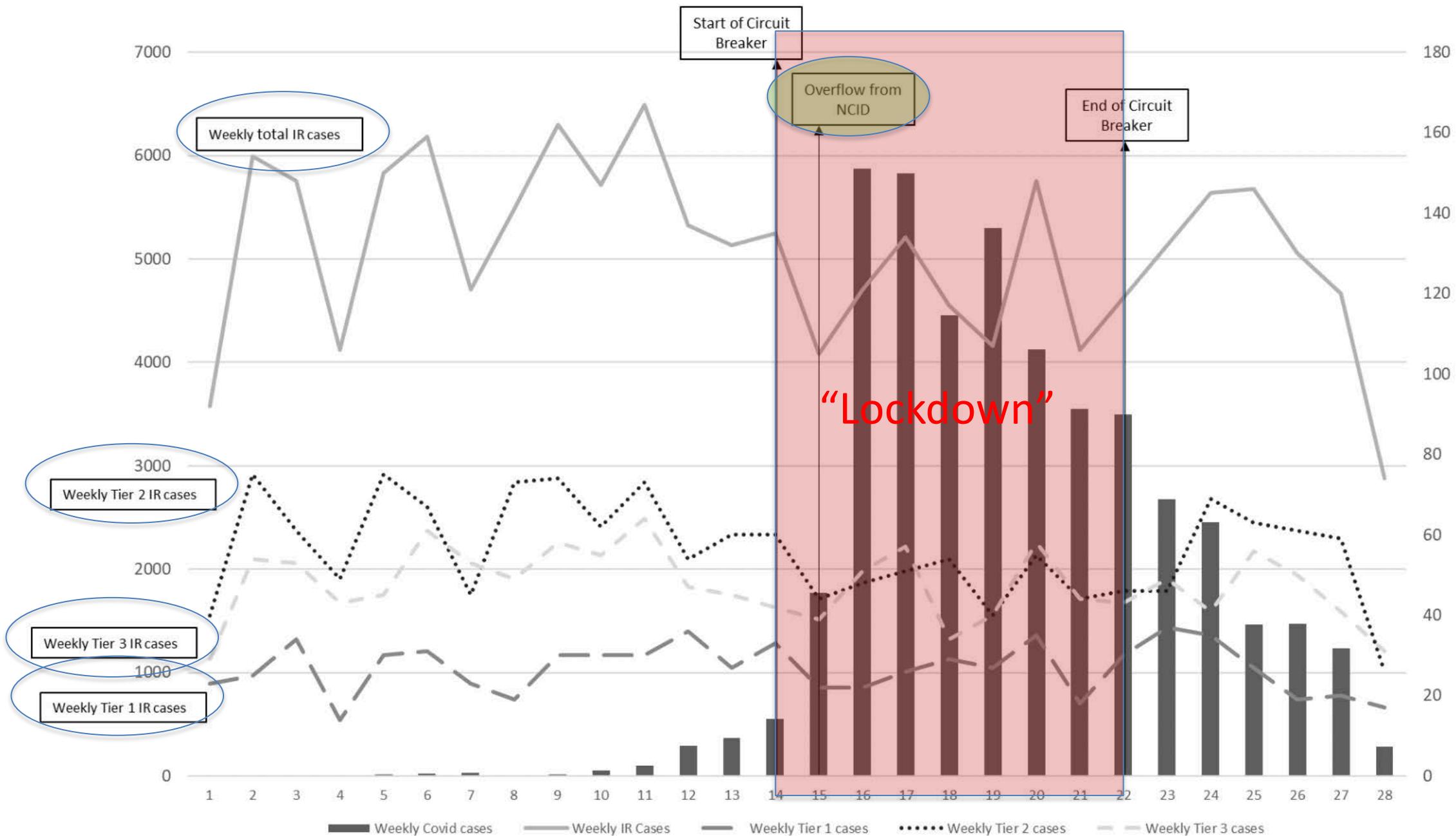


Figure 3 (2020 & 2019 : Weekly number of IR procedures based on IR-PAS classification)

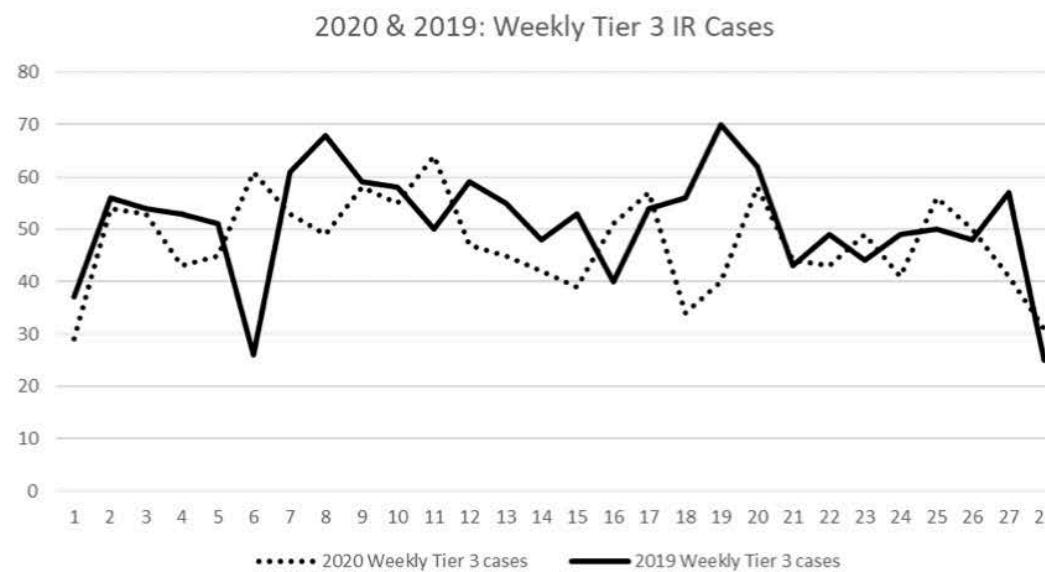
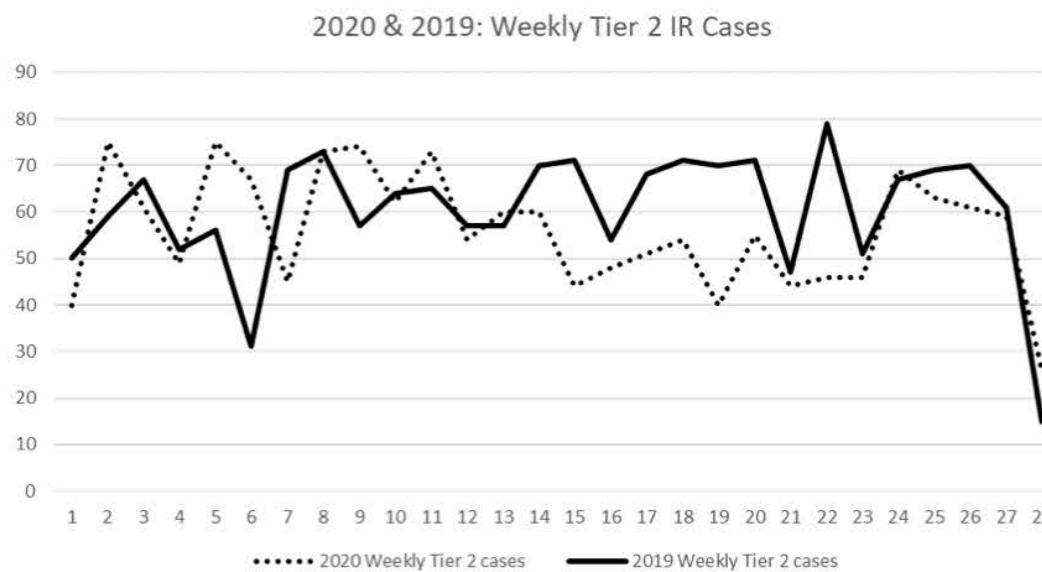
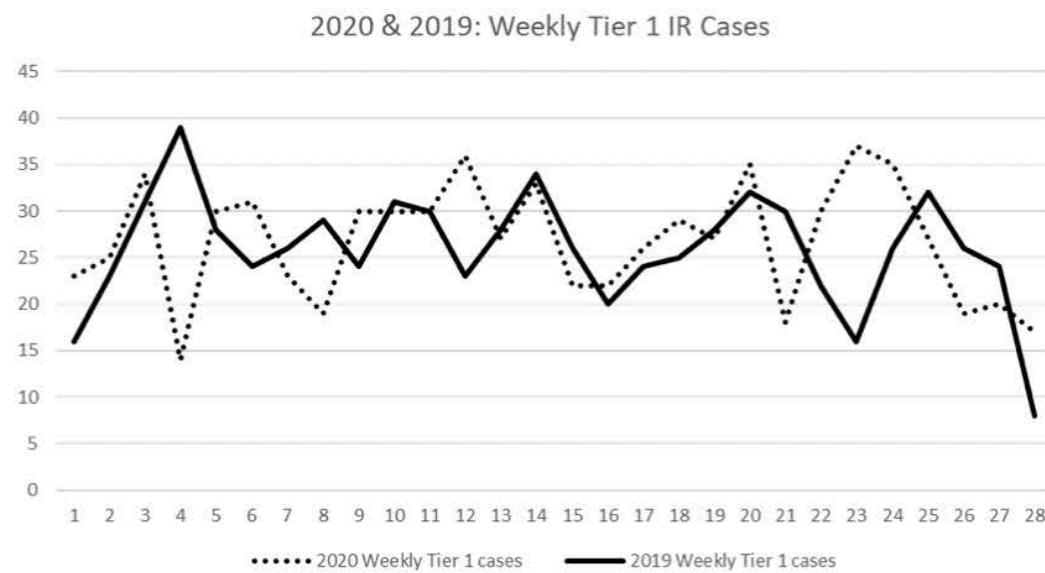
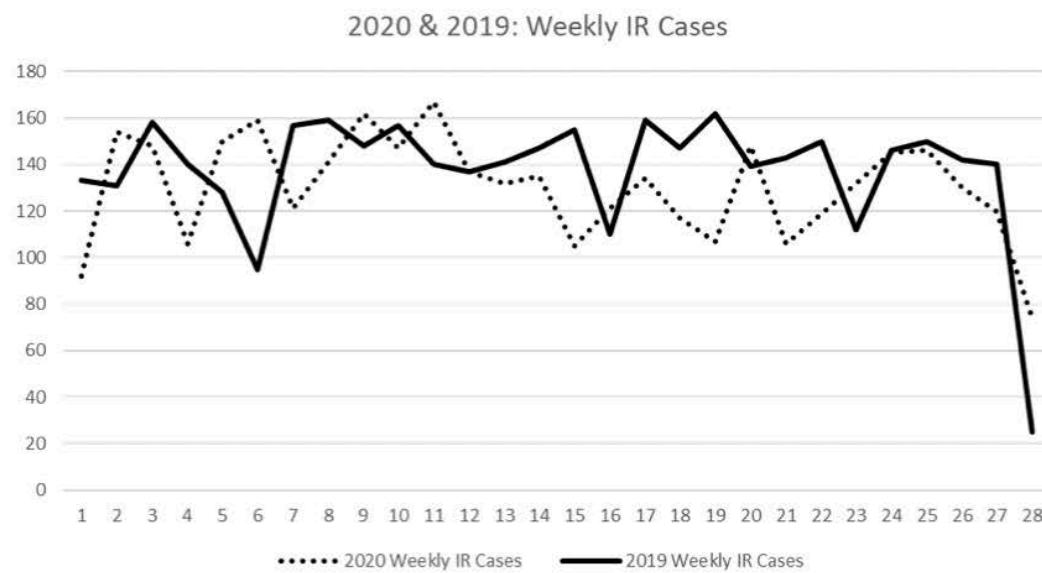


Table 2 (2020 & 2019: IR procedures classified based on type of procedure)

Type of Procedure			Year			Total	Chi-Square Test		Symmetric measures	
			2020 (COVID-19 pandemic)	2019 (pre- pandemic)	Pearson Chi-Square		df	Cramer's V		
			Count	% within Type of Procedure	% within Year		% of Total			
Vascular intervention (dialysis access angioplasties, lower limb angioplasties, aortic repair etc.)			665	52.8%	18.2%	1410				
Interventional oncology (Intra-arterial therapy, tumor ablation, biopsy etc.)			441	53.2%	12.1%	943				
Musculoskeletal intervention (spine augmentation, joint injections etc.)			15	65.1%	0.4%	43	7.648 (p = 0.054)	3	0.032 (p = 0.054)	
General intervention radiology (Central lines, Para/thoracentesis, percutaneous nephrostomy, GI/GU stenting etc.)			2534	50.4%	69.3%	5110				
Total			3655	48.7%	100.0%	7506				
			3851	51.3%	66.9%	68.1%				
			100.0%	100.0%	100.0%	100.0%				
			48.7%	51.3%	48.7%	100.0%				

*p < 0.05

Difference in procedure type:
vascular, IO, MSK, general IR
(pandemic vs. non-pandemic)

Summary of TTSH IR Workload During pandemic

- 5.1% decrease in the total of IR procedures during the pandemic ($n = 3,655$) versus pre-pandemic period ($n = 3,851$)
- COVID-19 cases account for 0.93% of total IR cases

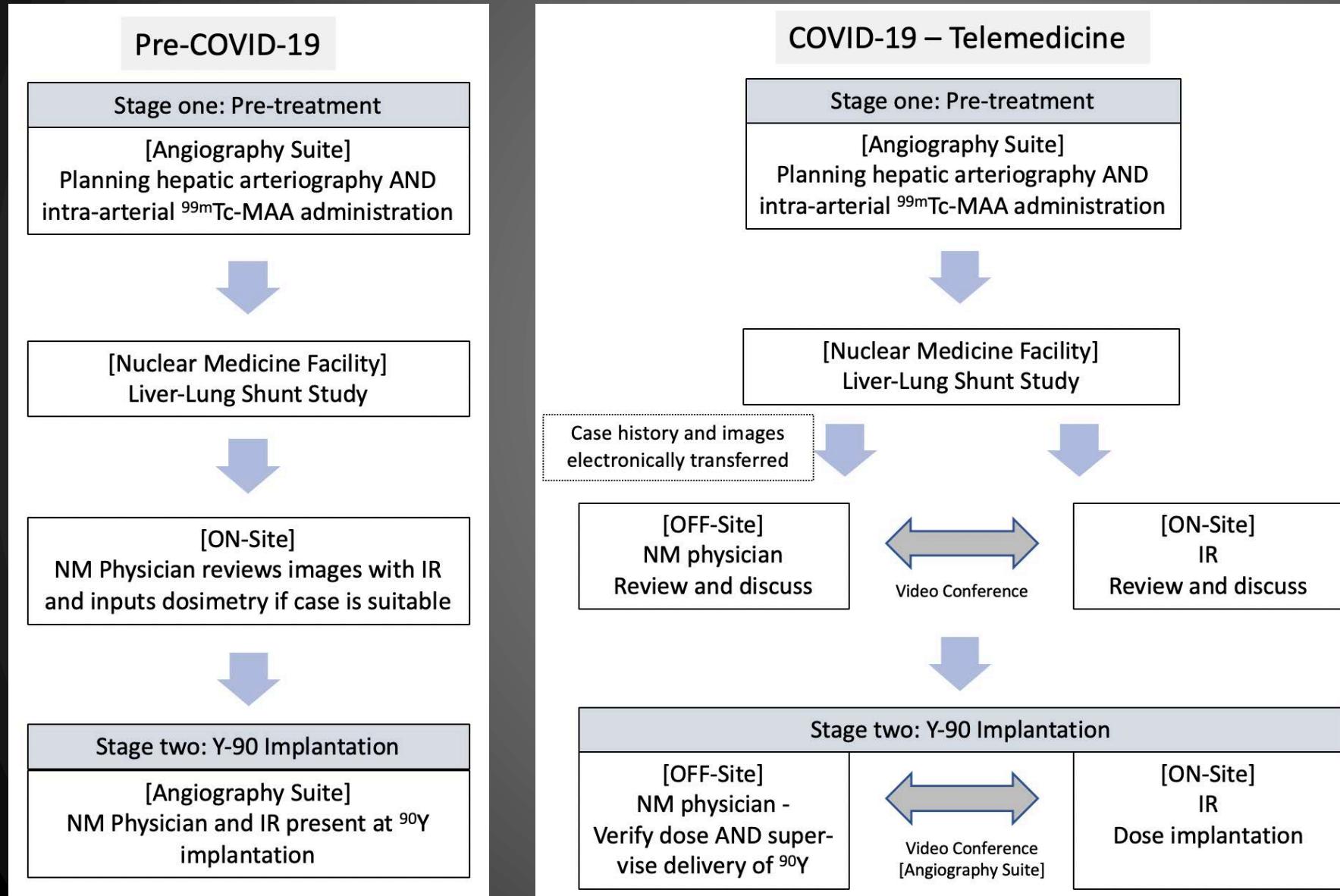
Median weekly IR procedures (COVID vs. non-COVID periods), no stats difference

- Tier 1: 27 ($SD = 6.299$) vs. 26 ($SD = 6.142$)
- Tier 2: 57 ($SD = 12.556$) vs. 64.50 ($SD = 13.492$)
- Tier 3: 48 ($SD = 8.871$) vs. 53 ($SD = 10.423$)

- No difference in case-mix by subspecialty
- No staff or patient cross-infection related

Innovation During COVID-19

Tele-Y90 – COVID-19 Era



Figure

Workflow change in radioembolization therapy between Pre-COVID-19 and COVID-19 - Telemedicine

^{99m}Tc -MAA: Technetium-99m Macroaggregate Albumin NM: Nuclear Medicine IR: Interventional Radiologist ^{90}Y : Yttrium-90

15 cases of Y90 including same-day Y90

Courtesy of Dr. Lawrence Quek

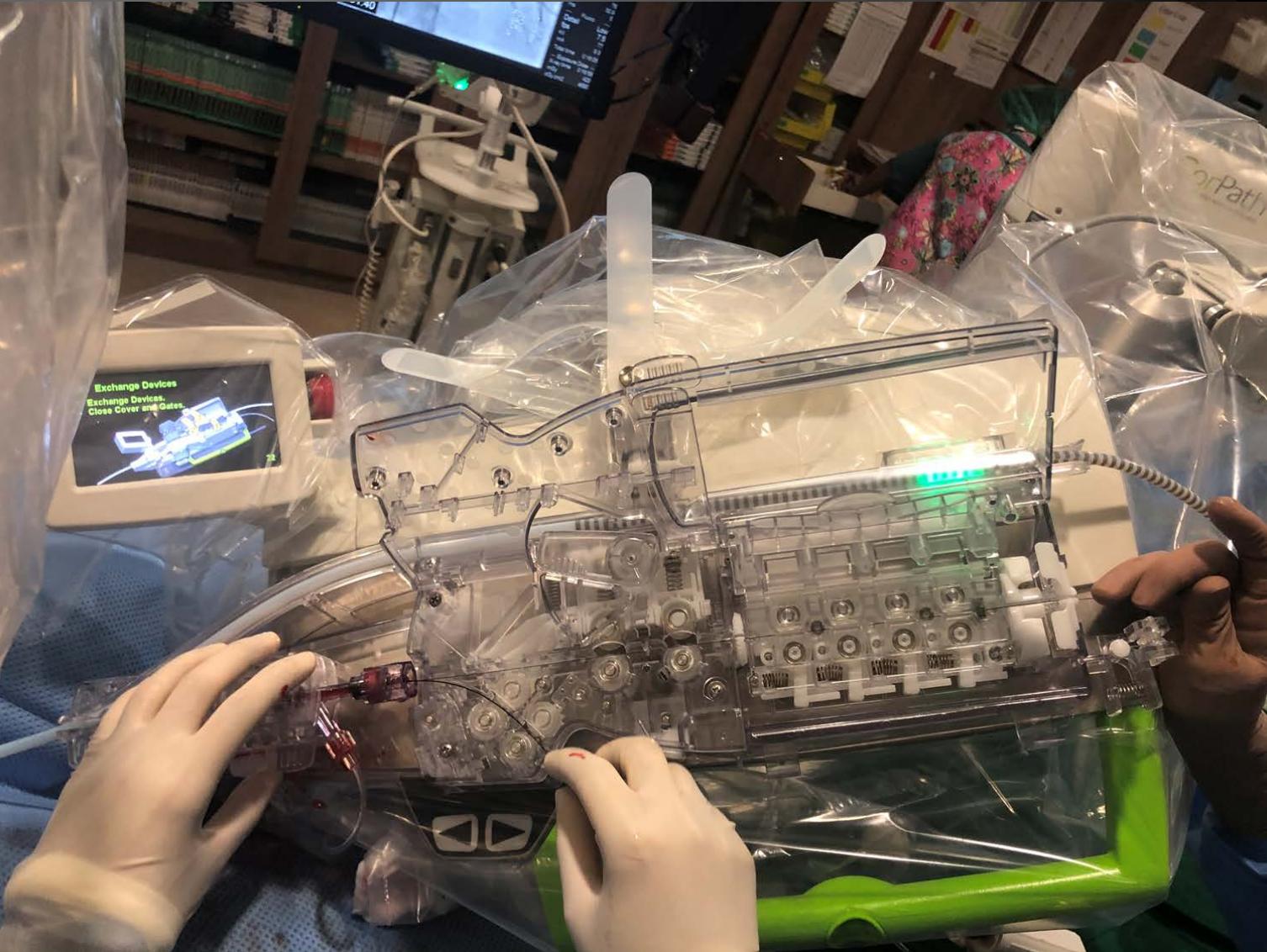
90^Y Radioembolization: Telemedicine During COVID-19 Outbreak, Opportunity for Prime Time

Lawrence Quek ¹, Anbalagan Kannivelu, Uei Pua

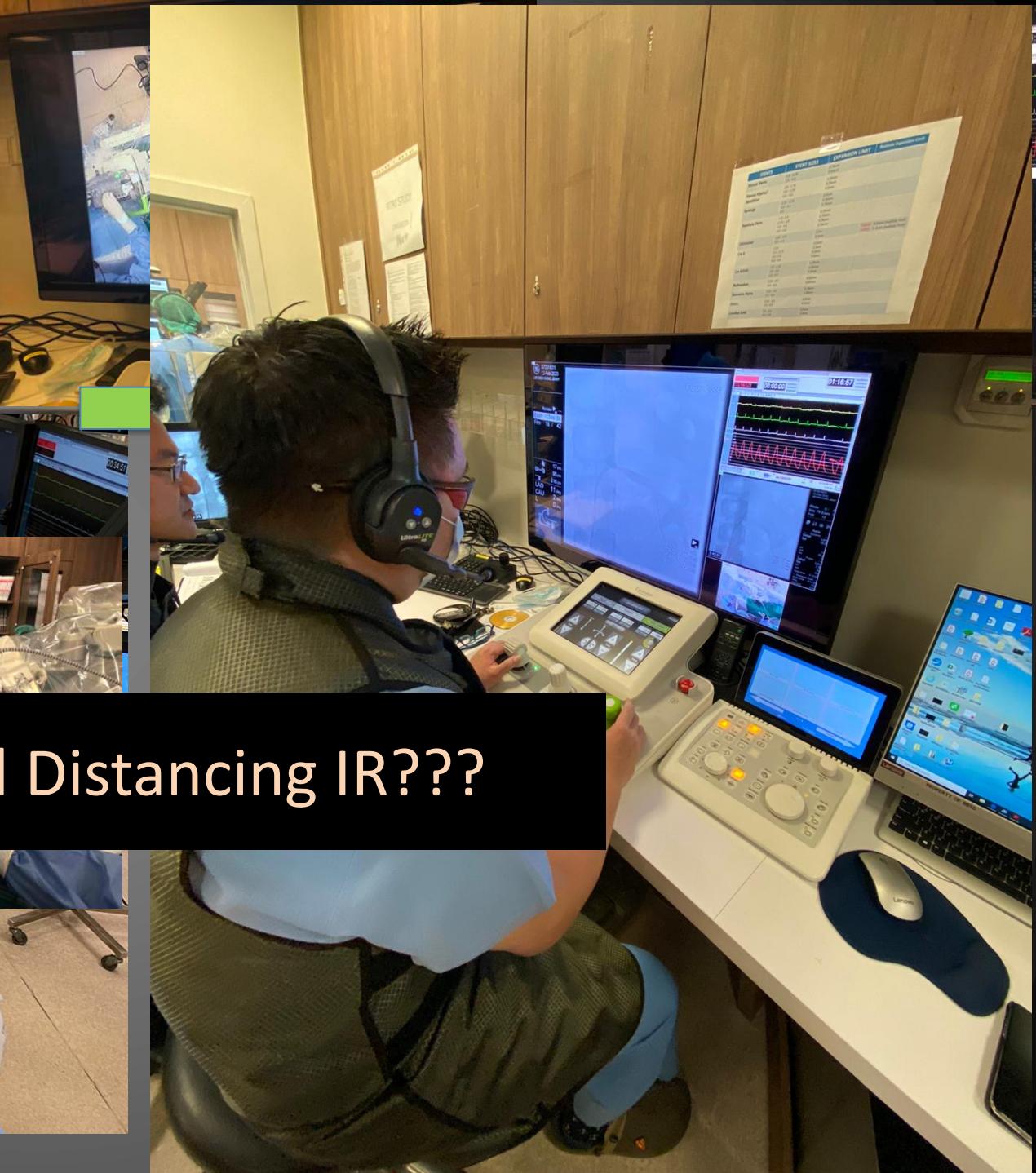




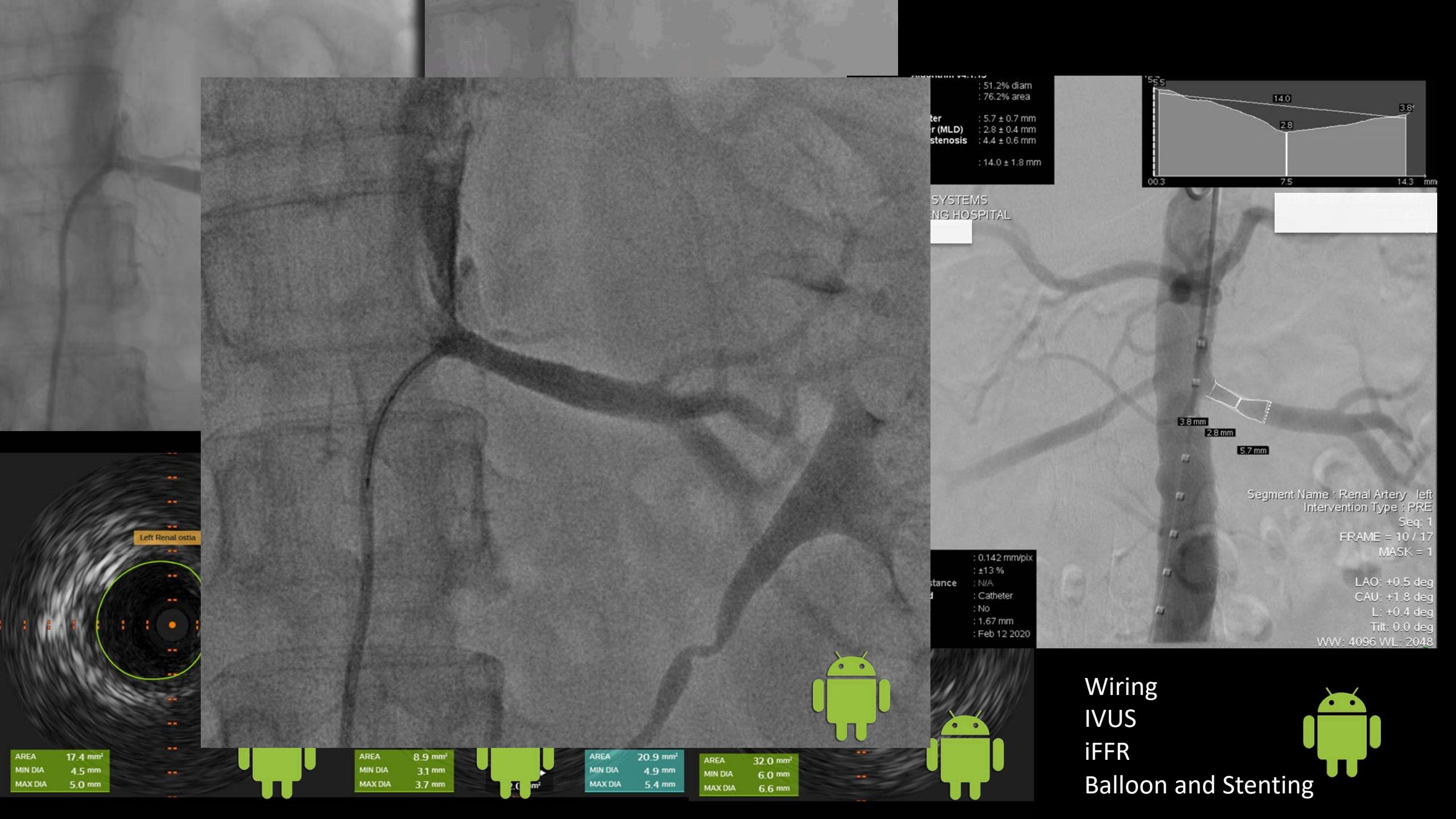
CorPath GRX



Robotic Renal Artery Stenting



Social Distancing IR???



Conclusion

- COVID-19 accounts for minimal # of IR procedures (0.93%)
- Demand for non-COVID-related IR procedures remains high throughout the pandemic
- A more sustainable care-delivery model is needed in view of future surges and outbreaks
- With good infection control, a safe and sustainable care delivery to non-COVID-19 patients can be maintained



Uei Pua
pua_uei@ttsh.com.sg

