

# Oligometastatic Sarcoma

Jack Jennings MD, PHD




## DISCLOSURES:

- ▣ Stryker, Merit, Boston Scientific, Teleflex/ Arrow and Bard/ BD-consultant

# Background

- Sarcomas encompass ~ 70 different histological subtypes
- 1-2% of adult malignancies
  - 13,130 new cases of sarcoma with 5,350 deaths per year
- Median age at diagnosis is 60 years old, with 2 incidence peaks, at 50 and 80 years old
- 90% of patients with STS present with localized disease, although many will develop metastatic disease
- Median overall survival (OS) is 12-14 mos. w/ metastatic disease
- Cytotoxic chemotherapy is mainstay therapy with emerging immunotherapy as first line treatment
- Combination of chemotherapy with resection of pulmonary mets increased OS from 5% to 65%.
- Not all mets or patients are amenable to surgery.

# STS Types

- Undifferentiated pleomorphic sarcoma
  - Liposarcoma
  - Leiomyosarcoma
  - Synovial sarcoma
  - Malignant peripheral nerve sheath tumor (MPNST)
  - Mxofibrosarcoma
  - Clear cell sarcoma
  - Rhabdomyosarcoma
  - Pleomorphic sarcoma
  - Angiosarcoma
  - Epithelioid sarcoma
  - Alveolar soft part
  - Extra osseous Ewings'
  - Gastrointestinal stromal tumor (GIST)
  - Solitary fibrous tumor
  - Epithelioid hemangioendothelioma
  - Desmoid
- 
- 75%



# Oligometastases

- Most commonly metastasizes to the lung, liver and bone
- ▣ **ASCO Multidisciplinary Management of Oligometastatic Soft Tissue Sarcoma 2018**
  - “Oligometastatic STS is best approached as a multimodality disease, benefiting from evaluation and possible treatment with surgery, **interventional radiology**, radiation therapy, and chemotherapy.
  - **Interventional radiology** techniques including radiofrequency ablation (RFA) and arterial embolization provide nonoperative local modality alternatives that can provide good disease control.”

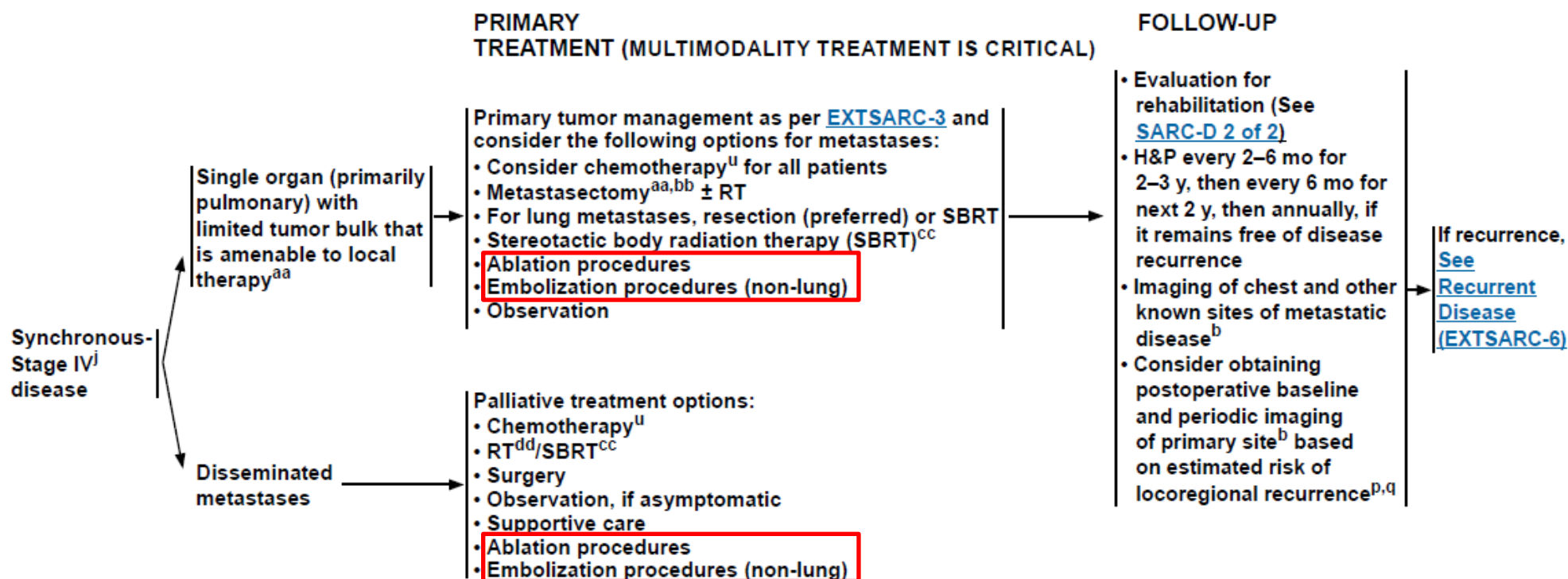
# Guidelines and Treatment Algorithms



National  
Comprehensive  
Cancer  
Network®

## NCCN Guidelines Version 1.2020 Extremity/Body Wall, Head/Neck

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# Guidelines and Treatment Algorithms



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### RECURRENT DISEASE

### TREATMENT

Local  
recurrence

Follow Workup, then appropriate Primary Treatment<sup>ee</sup> pathway  
([EXTSARC-2](#), [EXTSARC-3](#), [EXTSARC-4](#))

Metastatic  
disease

Single organ and  
limited tumor bulk  
that are amenable  
to local therapy<sup>aa</sup>

Options:

- Metastasectomy<sup>aa,bb</sup> ± preoperative or postoperative chemotherapy<sup>u</sup> ± RT
- SBRT<sup>cc</sup> ± chemotherapy<sup>u</sup>
- Ablation procedures
- Embolization procedures
- Observation

Disseminated  
metastases

Palliative options:

- Chemotherapy<sup>u</sup>
- RT<sup>dd</sup>/SBRT
- Surgery
- Observation, if asymptomatic
- Supportive care
- Ablation procedures
- Embolization procedures

Isolated regional  
disease or nodes

Options:

- Regional node dissection for nodal involvement ± RT ± chemotherapy<sup>u</sup>
- Metastasectomy<sup>aa,bb</sup> ± preoperative or postoperative chemotherapy<sup>u</sup> ± RT
- SBRT
- Isolated limb perfusion/infusion<sup>ff</sup> ± surgery

See footnotes on [EXTSARC-6A](#)

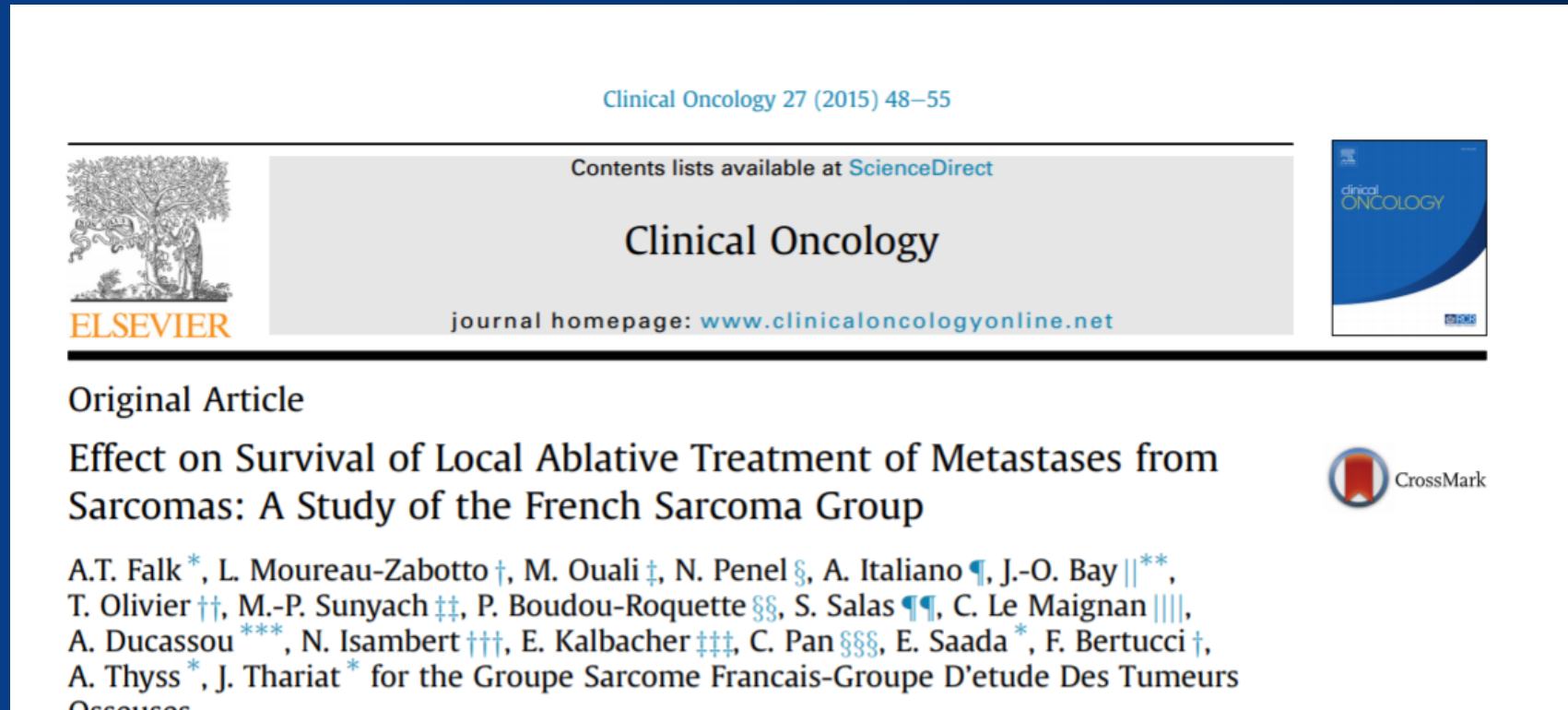
Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any patient with cancer is in a clinical trial. Participation in clinical trials is especially encouraged.

# Local Therapies

- Surgical resection is the cornerstone of treatment and influences LTC and survival
- Radiation therapy for neoadjuvant/ adjuvant treatment for LTC
- Most of published data to date has been on treatment of oligometastatic bone sarcomas.
- Ablation is increasingly being used LTC

# Local Therapy



- 281 pts with oligo lung (72%), liver (11 %), bone (3.2%), ....
- 164 treated with local therapy including surgery (nearly 80%) and ablation
- ▣ 2-year overall survival (OS) rates were 36.3% for the non-local treatment group and 63.6% for the locally treated group

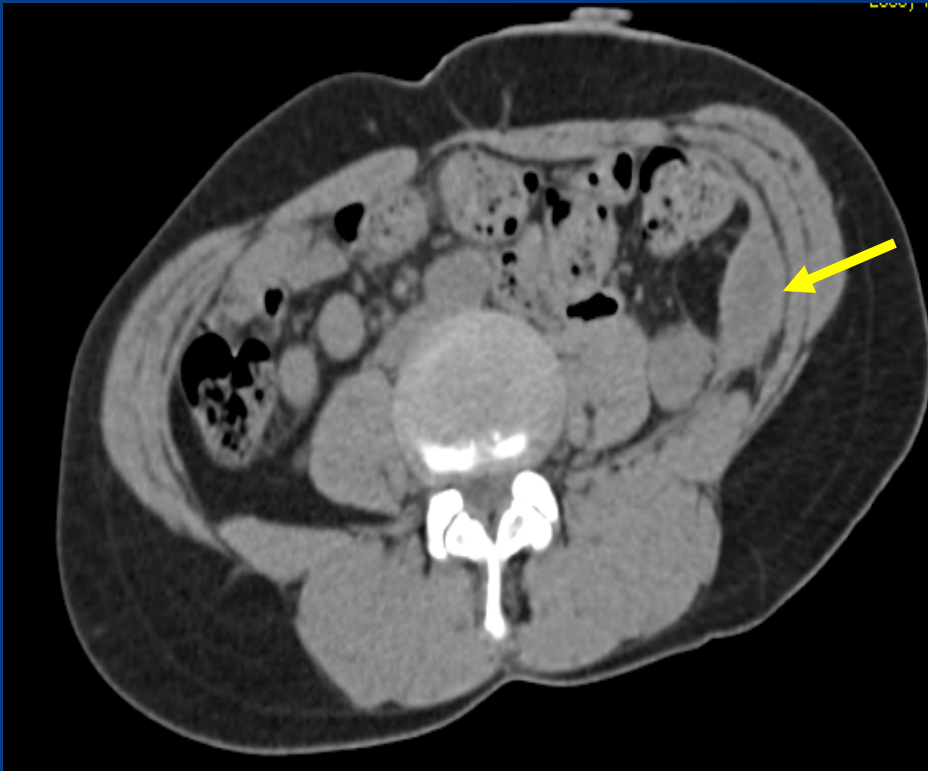
## A Phase II Study of Tumor Ablation in Patients with Metastatic Sarcoma Stable on Chemotherapy

ANGELA C. HIRBE <sup>a</sup>, JACK JENNINGS, NAEL SAAD,<sup>b</sup> JOSEPH D. GIARDINA,<sup>a</sup> YU TAO,<sup>a</sup> JINGQIN LUO,<sup>a</sup> SHELLIE BERRY,<sup>a</sup> JACQUI TOENISKOETTER,<sup>a</sup> BRIAN A. VAN TINE<sup>a</sup>

<sup>a</sup>School of Medicine, Washington University in St. Louis, St. Louis, Missouri, USA; <sup>b</sup>University of Rochester Medical Center, Rochester, New York, USA

- ▣ Phase II study in patients with oligometastatic soft tissue sarcoma stable on six cycles of chemotherapy and then received ablation therapy to their residual disease.
- ▣ Following ablation, patients were not treated with any further therapy
  - followed by surveillance imaging to determine the progression free rate

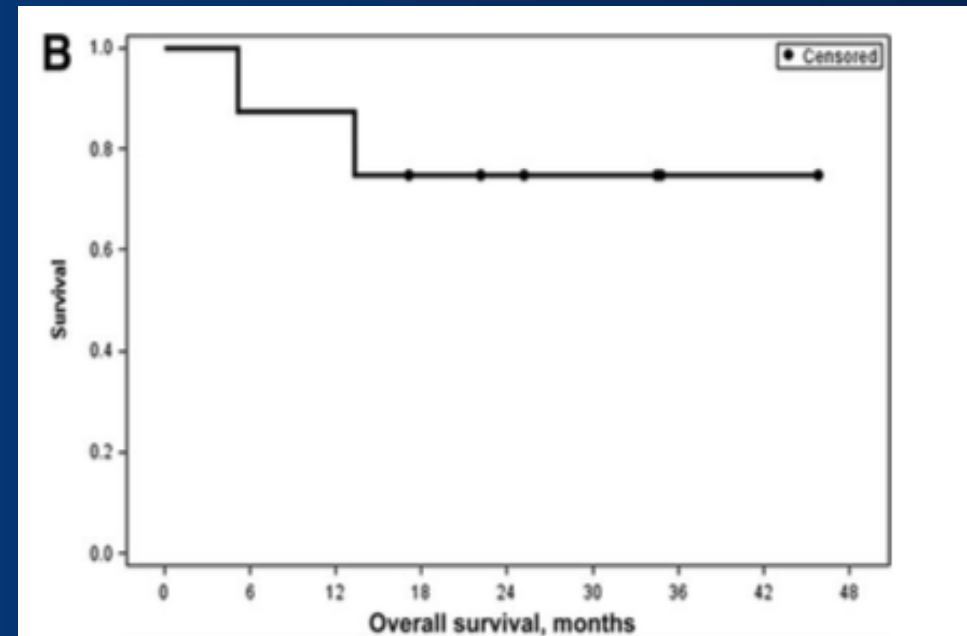
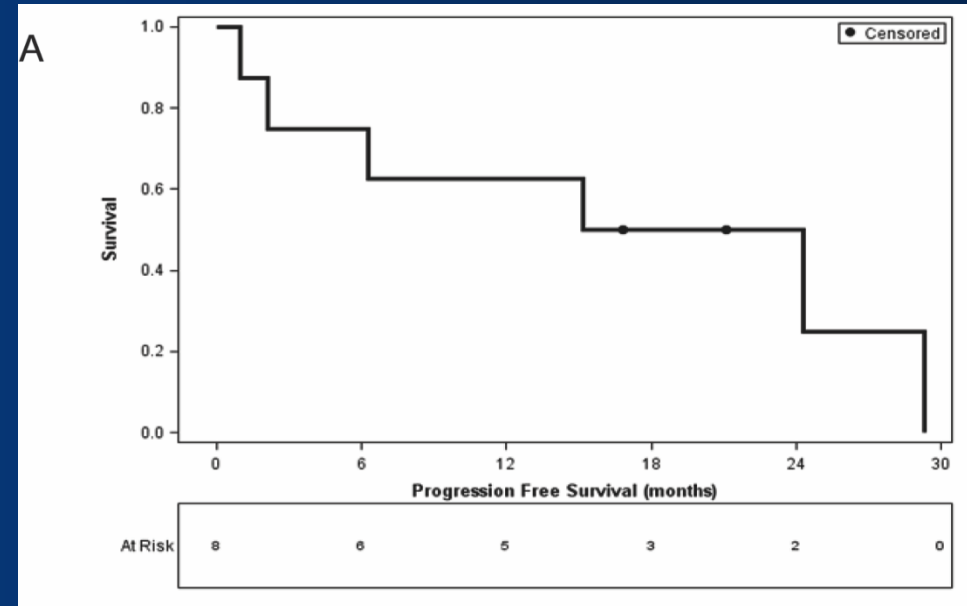




- 55-year-old woman with metastatic sarcoma status post rectosigmoid resection
  - increasing soft tissue deposits in the left pelvis
  - Cryoablation of the mass.

# Results

- 3 month progression free rate (PFR) of 75%
- Median progression free survival (PFS) was 19.74 months.
  - compared to 13.4 months which has been reported for pulmonary metastectomy
- Ablation after stability on chemotherapy can serve as well tolerated maintenance therapy with significant PFS and systemic therapy-free interval





# Lung

Ann Surg Oncol (2011) 18:3771–3777  
DOI 10.1245/s10434-011-1806-0

Annals of  
**SURGICAL ONCOLOGY**  
OFFICIAL JOURNAL OF THE SOCIETY OF SURGICAL ONCOLOGY

ORIGINAL ARTICLE – BONE AND SOFT TISSUE SARCOMAS

## **Sarcoma Lung Metastases Treated with Percutaneous Radiofrequency Ablation: Results from 29 Patients**

J. Palussière, MD<sup>1</sup>, A. Italiano, MD<sup>2</sup>, E. Descat, MD<sup>1</sup>, S. Ferron, MD<sup>1</sup>, F. Cornélis, MD<sup>1</sup>, A. Avril, MD<sup>3</sup>, V. Brouste, MD<sup>4</sup>, and B. N. Bui, MD<sup>2</sup>

- Prospective: 29 pts with RFA of 47 lesions in sarcoma oligo lung mets
- LTC 90% median disease free interval of 7 mos with median f/u 50 mos.
- 1- and 3- year OS 92.2% and 65.2%

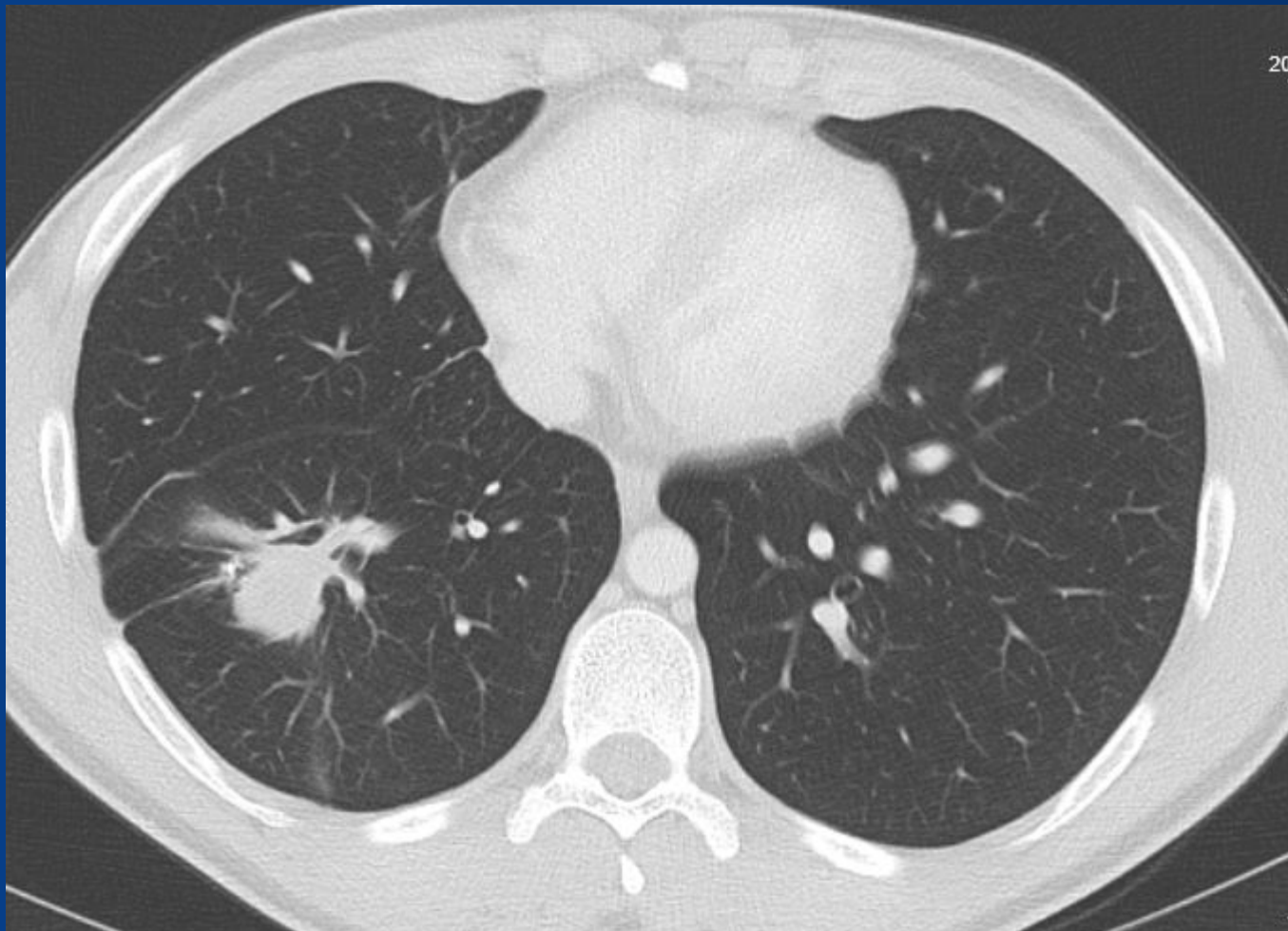
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29 yom metastatic synovial sarcoma right knee



Cryoablation 4 probes



15 months post ablation



# Liver

Cardiovasc Intervent Radiol (2014) 37:132–139  
DOI 10.1007/s00270-013-0615-1



CLINICAL INVESTIGATION

INTERVENTIONAL ONCOLOGY

## **A Role for Adjuvant RFA in Managing Hepatic Metastases from Gastrointestinal Stromal Tumors (GIST) After Treatment with Targeted Systemic Therapy Using Kinase Inhibitors**

Antoine Hakimé · Axel Le Cesne · Frederic Deschamps ·  
Geoffroy Farouil · Sana Boudabous ·  
Anne Aupérin · Julien Domont · Thierry Debaere

- Most of literature is on GIST
- 17 patients/27 lesions RFA of metastatic GIST after TKI therapy
- 100% LTC w/ mean f/u 49 mos.
- 2-year progression-free survival was 75% in patients who continued TKI therapy post ablation but 30% in patients who discontinued TKI therapy post ablation

# Liver

**Abdominal  
Radiology**

© Springer Science+Business Media New York 2016  
Published online: 10 March 2016

Abdom Radiol (2016) 41:767–780  
DOI: 10.1007/s00261-016-0687-x



## **Percutaneous cryoablation of hepatic tumors: long-term experience of a large U.S. series**

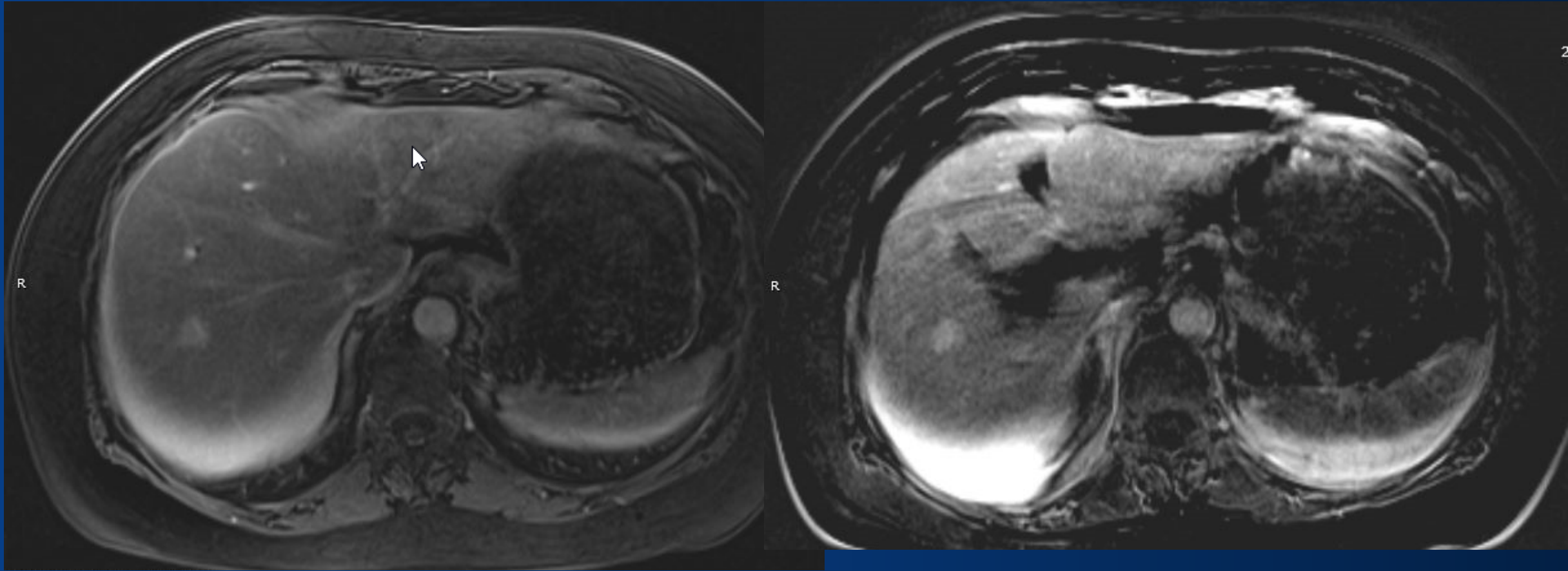
Peter J. Littrup,<sup>1</sup> Hussein D. Aoun,<sup>2</sup> Barbara Adam,<sup>2</sup> Mark Krycia,<sup>3</sup> Matt Prus,<sup>2</sup>  
Anthony Shields<sup>2</sup>

<sup>1</sup>Rhode Island Medical Imaging, Rhode Island Hospital, Brown University, Providence, RI, USA

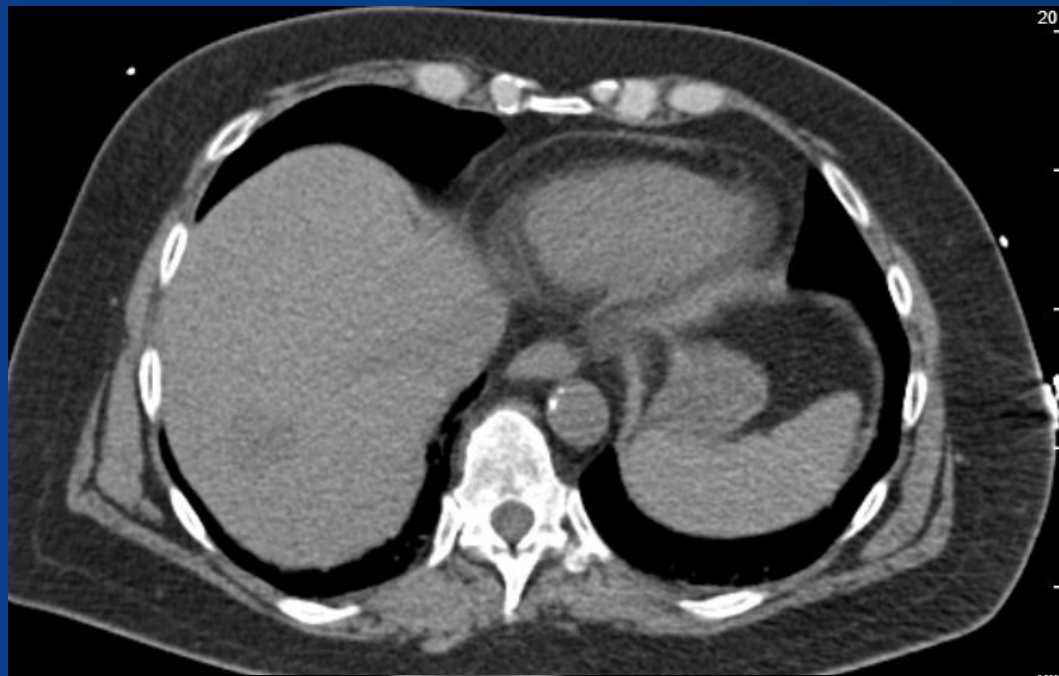
<sup>2</sup>Karmanos Cancer Institute, 110 East Warren, Hudson-Weber Building, Suite 504, Detroit, MI 48201, USA

<sup>3</sup>Wayne State University School of Medicine, Detroit, MI, USA

- 49 sarcoma pts. (non-CRC)
- Local tumor recurrence was 9.4% mean f/u 1.8 years

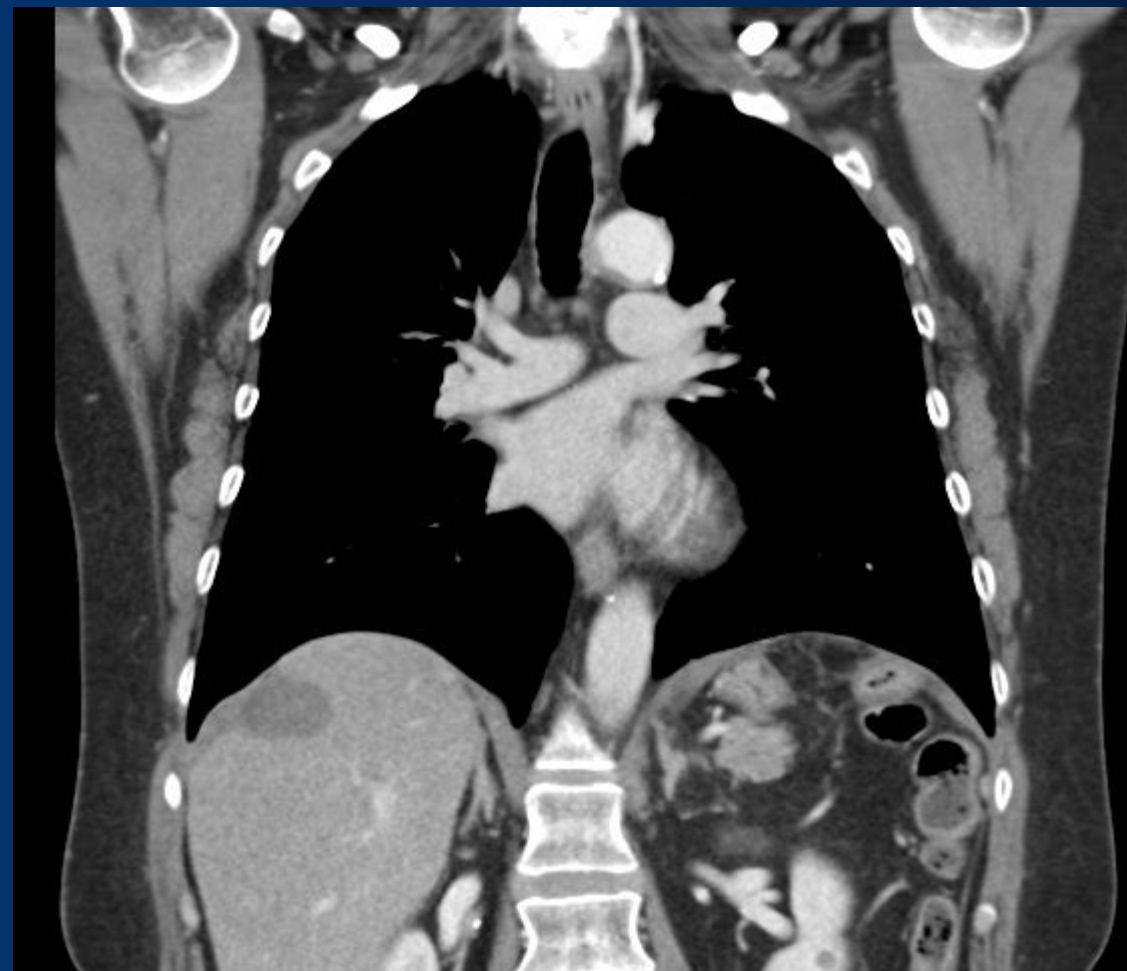


55 yow metastatic synovial sarcoma (LLE) and new lesion dome of liver (segment 7)



2 microwave probes





12 months post ablation

# Bone and Soft Tissue


[CardioVascular and Interventional Radiology](#)

pp 1–10 | [Cite as](#)

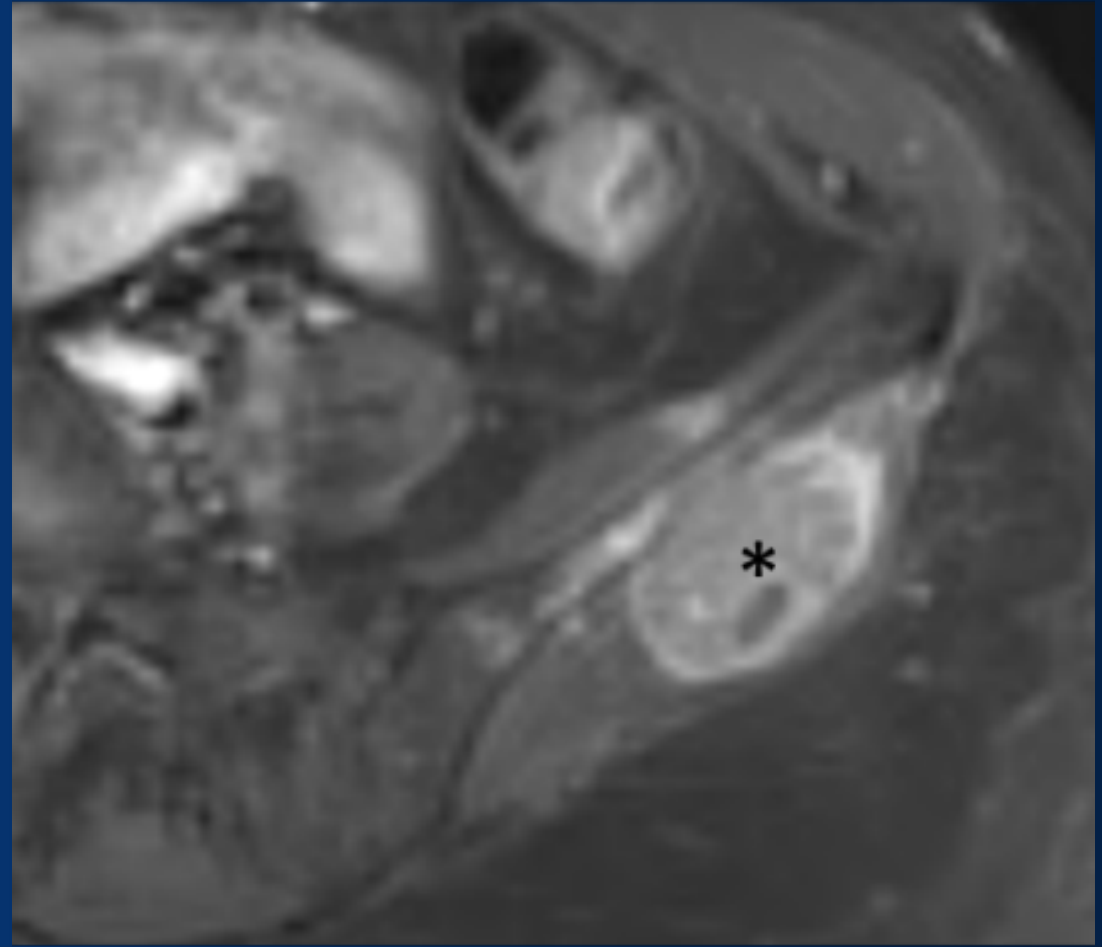
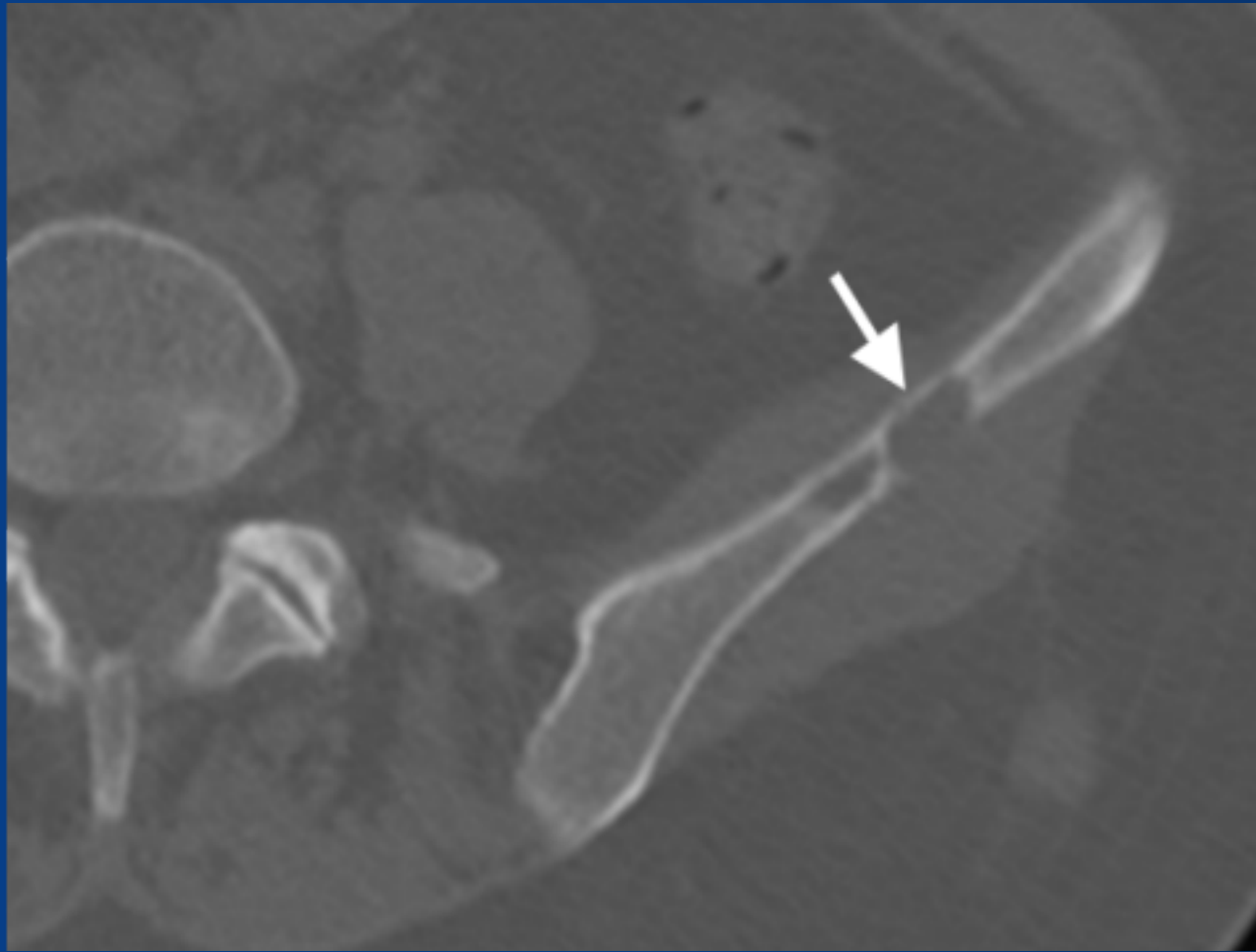
## Radiographic Local Tumor Control and Pain Palliation of Sarcoma Metastases within the Musculoskeletal System with Percutaneous Thermal Ablation

Authors

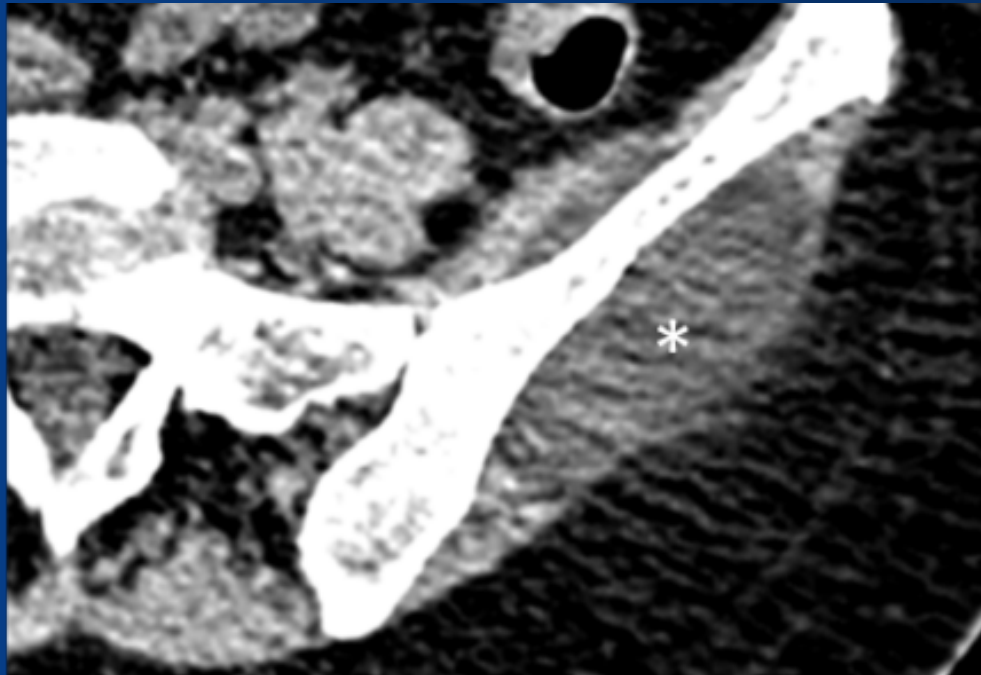
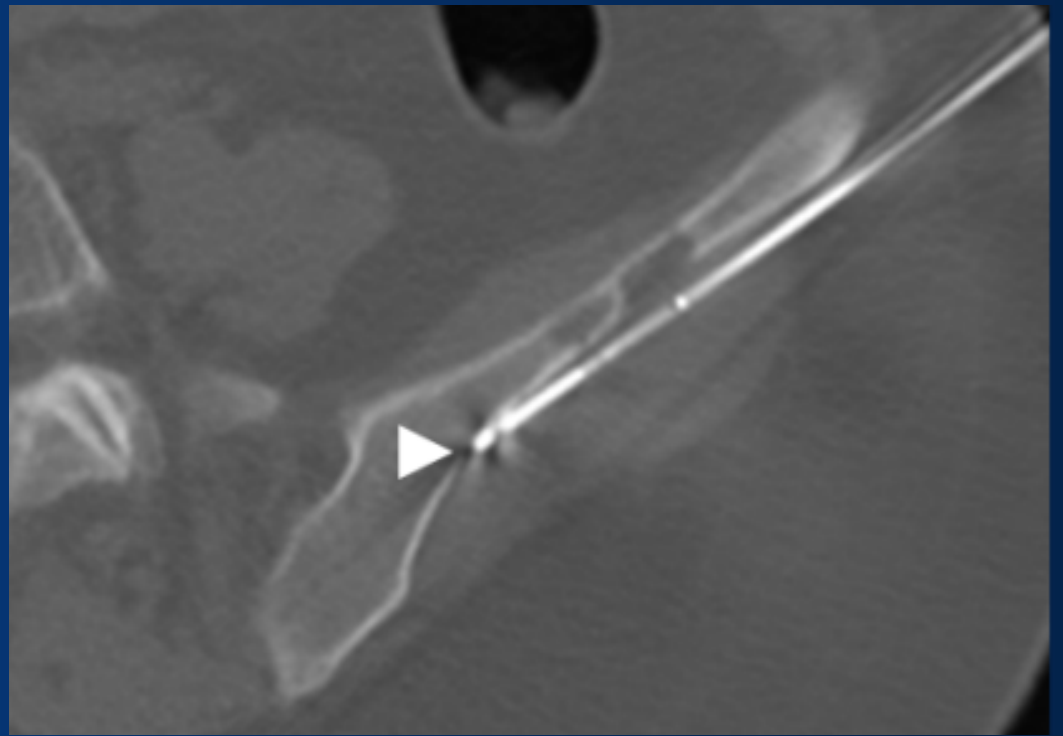
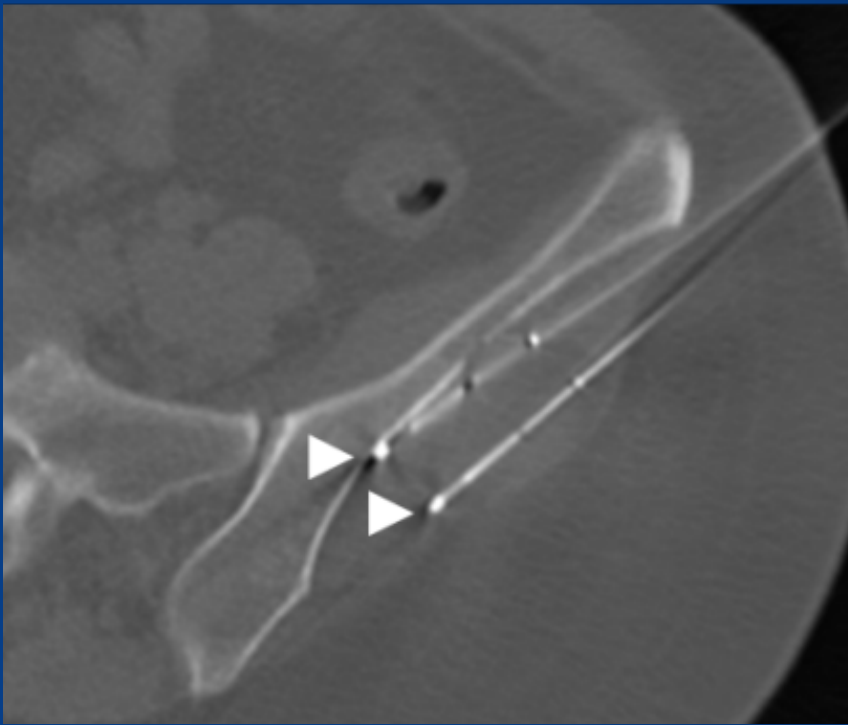
[Authors and affiliations](#)

Devin Vaswani , Adam N. Wallace, Preston S. Eiswirth, Thomas P. Madaelil, Randy O. Chang, Anderanik Tomasian, Jack W. Jennings

- Vaswani et al. CVIR 2018
  - 41 patients/64 lesions
  - 70% 1 year Local Tumor Control
    - 67% in setting of progressive systemic disease
    - 100% in oligometastatic disease

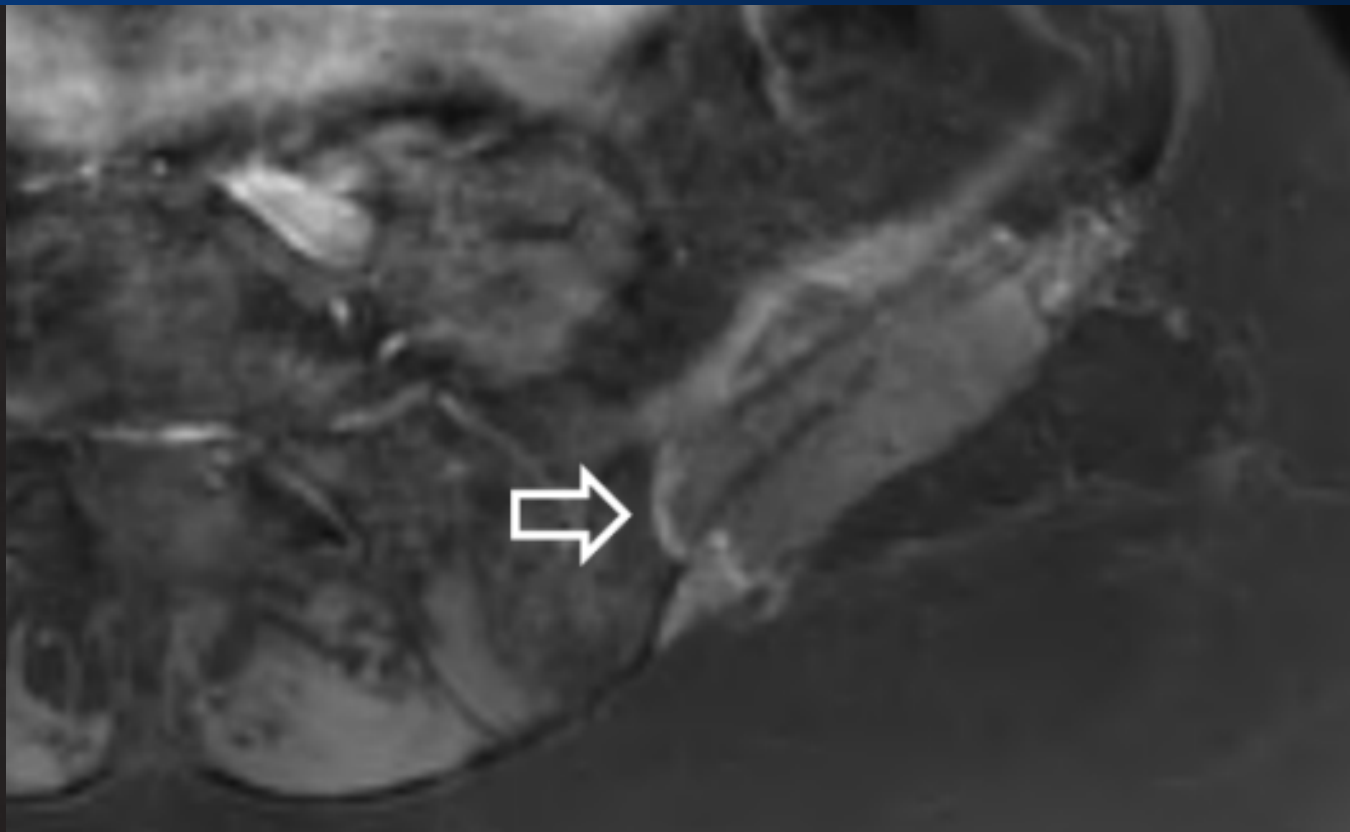


52-year-old woman with metastatic leiomyosarcoma



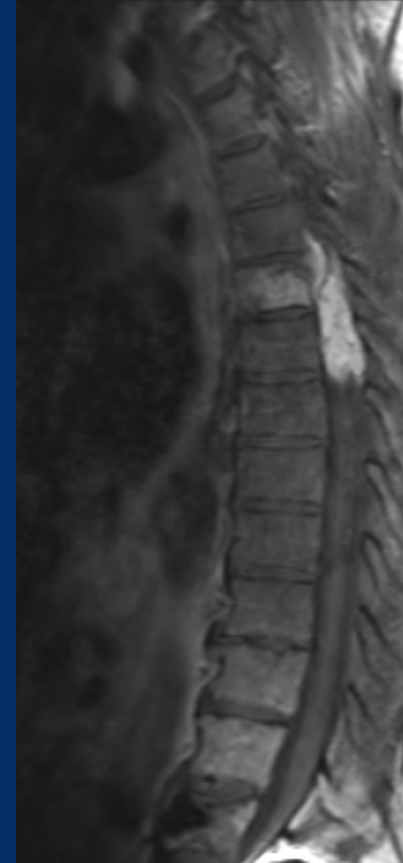
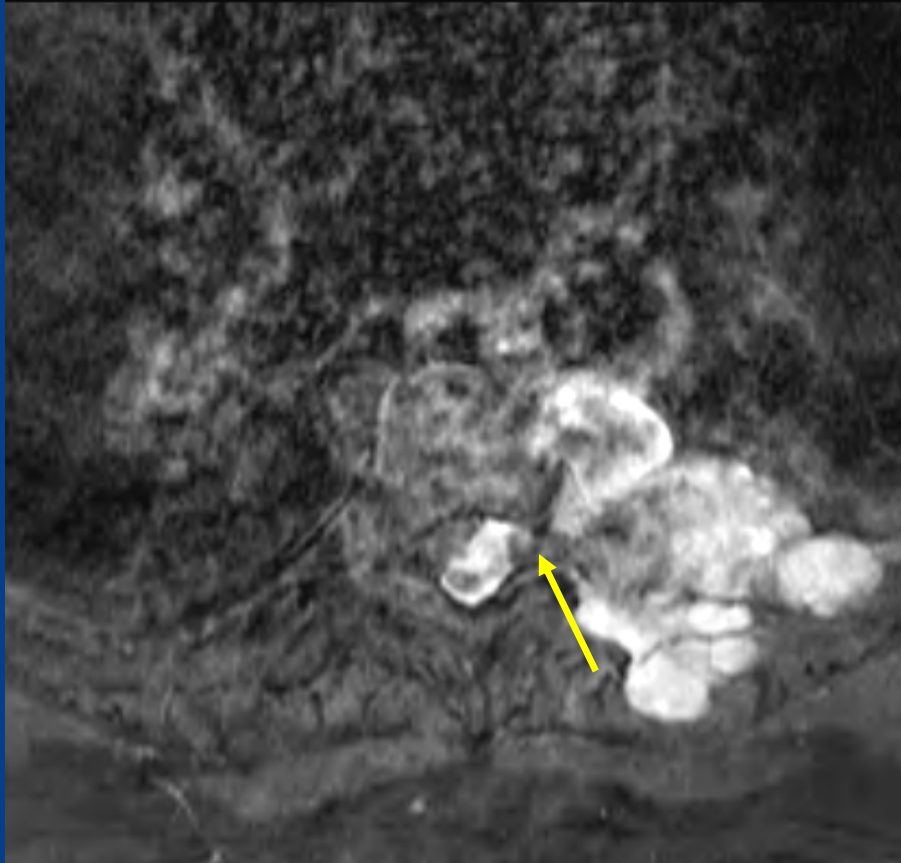


18-FDG PET/CT  
16 weeks post ablation

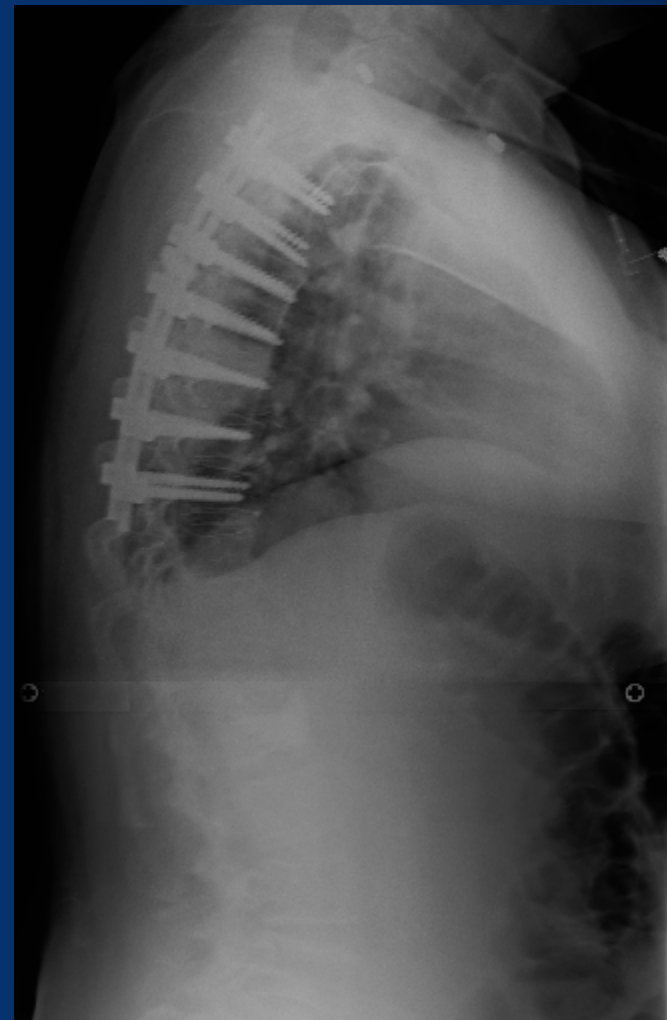


MRI post contrast  
30 weeks post ablation

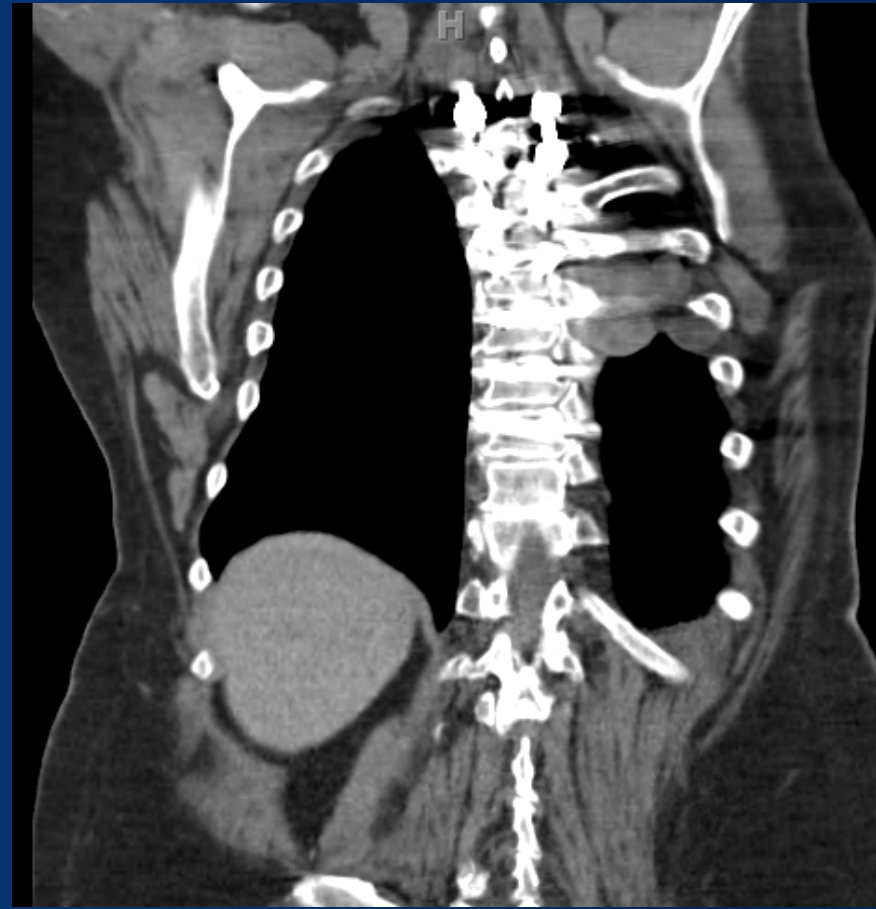




- 62 yom with metastatic right knee liposarcoma on a clinical trial with this being an index lesion
- T4-T7 metastatic lesion with spinal cord compression presenting with progressively worsening pain; NOT myelopathic

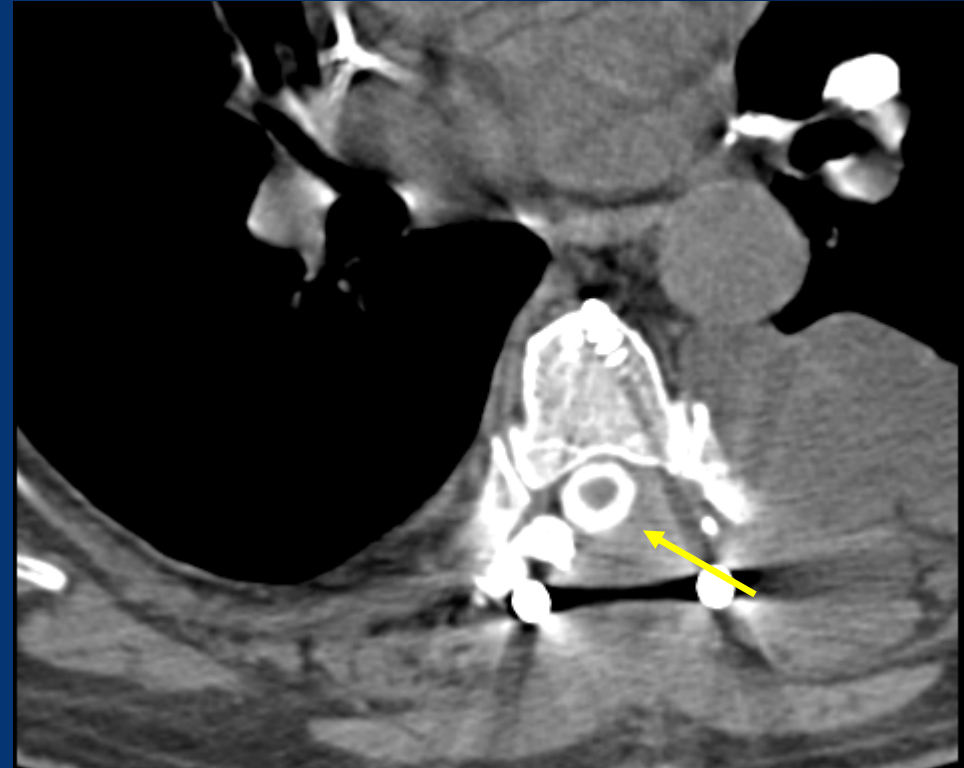
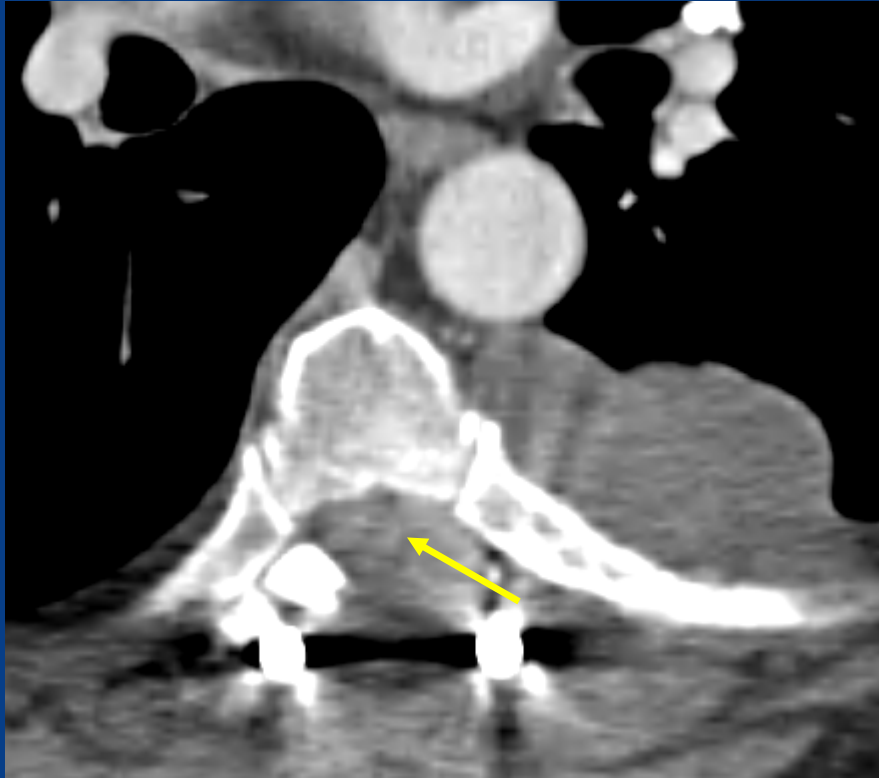


- Posterior decompression and fusion T3-T9
- Gross tumor removed in canal; pleural tumor was left



- Presents with new worsening pain
- CT myelogram 1 mos post surgery demonstrates tumor extending into foramen and canal
- Receives Stereotactic body radiation therapy (SBRT) 21 Gy in 3 fractions

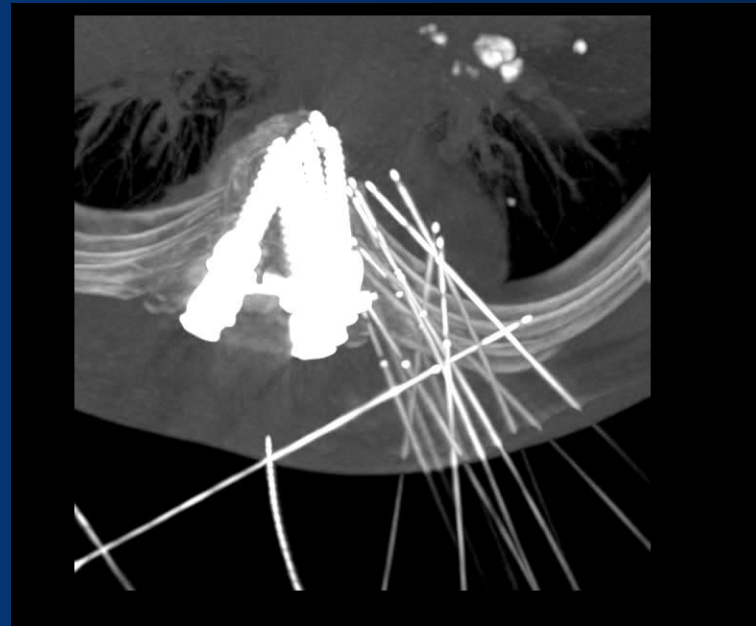
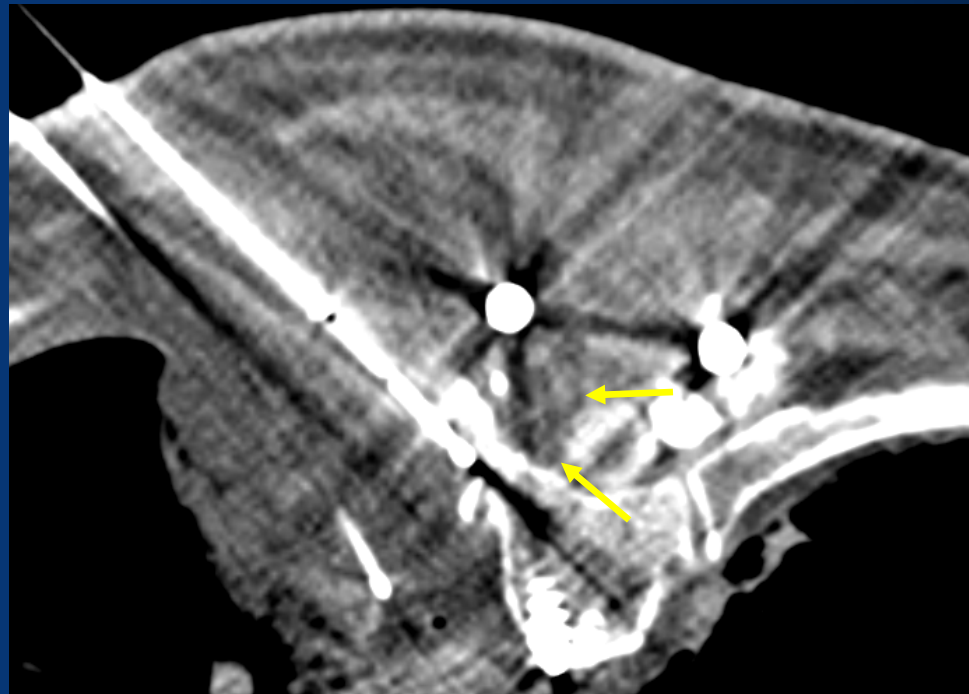




6 weeks prior CT myelogram

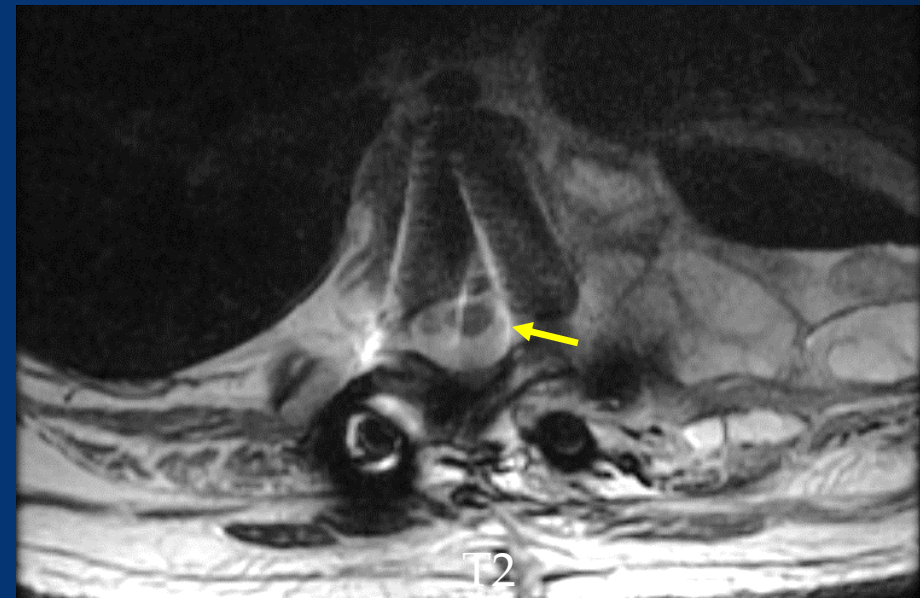
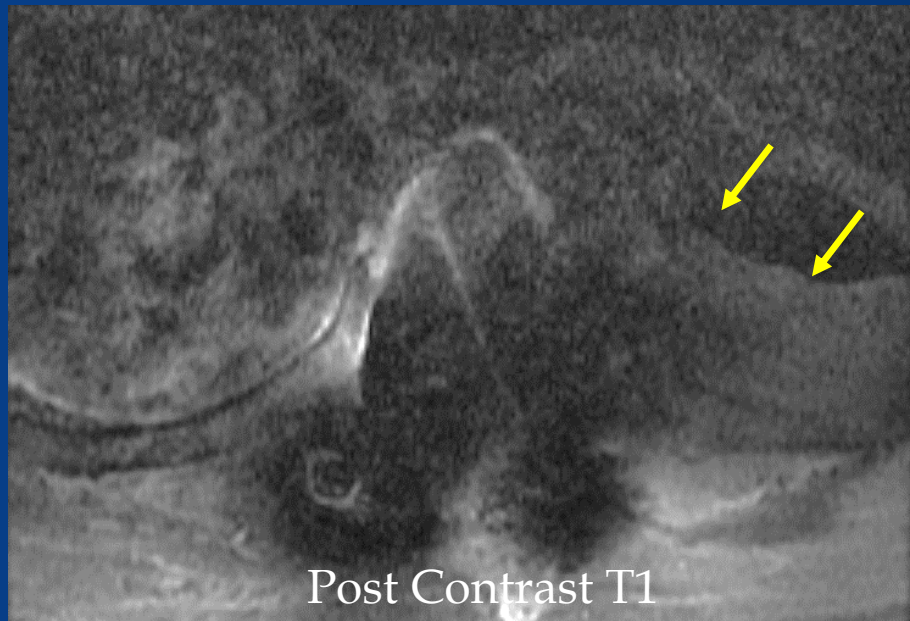
- 6 weeks later he continues to have pain
- CT w/o myelogram concerning for progression of canal component.

# Cryoablation









4 mos. f/u MRI examination and CT

# Conclusion:

- ▣ Given the diversities of sarcomas, single line therapy is not likely to be successful across the subtypes
- ▣ Local Therapies are integral in the treatment algorithm in patients with sarcoma oligometastatic disease
- ▣ ASCO and NCCN guidelines support ablative therapies for LTC
  - Use these guidelines with local medical, radiation, and surgical oncologists and private payers for preauth/precertification
- ▣ Ablation after stability on chemotherapy can serve as well tolerated maintenance therapy with significant PFS and systemic therapy-free interval
- ▣ The goal is local tumor control and to increase PFR and PFS and ultimately OS

Thank you