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# Oligometastatic Renal Cell Carcinoma

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Mayo Clinic

# Disclosures

No relevant financial relationships to disclose.

*Brand names are included in this presentation for participant  
clarification purposes only. No product promotion should be inferred.*

# Goals

- Treatment of oligometastatic RCC improves survival
  - Thermal ablation is effective in treating mRCC

# Metastatic RCC

- 20-40% of new RCC diagnoses are patients presenting with metastatic disease

Psutka SP, Master VA. Cancer 2018; 124:3641  
Kavolius, et al. JCO 1998. 16:2261

# Metastatic RCC

- 20-40% of new RCC diagnoses are patients presenting with metastatic disease
- Following definitive therapy of localized disease, 25% will develop metastases

Psutka SP, Master VA. Cancer 2018; 124:3641  
Kavolius, et al. JCO 1998. 16:2261

## Oligometastases

Tumor states intermediate between purely localized lesions and those widely metastatic

Samuel Hellman  
Ralph R. Weichselbaum  
*The University of Chicago*  
*Chicago, IL*  
*JCO 1995*

***Oligometastases***

# ADENOCARCINOMA OF THE KIDNEY WITH METASTASIS TO THE LUNG

CURED BY NEPHRECTOMY AND LOBECTOMY<sup>1</sup>

J. DELLINGER BARNEY AND EDWARD J. CHURCHILL

*From the Surgical Services of the Massachusetts General Hospital*



1932  
Left nephrectomy  
Resx of lung metastasis  
NED @ 5 years



J Urology 1938

# **Resection of Metastatic Renal Cell Carcinoma**

By J.P. Kavolius, D.P. Mastorakos, C. Pavlovich, P. Russo, M.E. Burt, and M.S. Brady

## 278 Patients

**Table 1. Univariate Analysis of Prognostic Variables for Survival**

Prognostic Variable	5-Year DFI	5-Year OS	P*
DFS > 12 months (n = 200), %	51	55	< .0001
DFS ≤ 12 months (n = 78), %	9	9	
Solitary first recurrence (n = 155), %	49	54	< .001
Multiple first recurrence (n = 123), %	28	29	
Curative first metastectomy (n = 141), %	36	44	< .001
Noncurative metastectomy (n = 70), %	10	14	< .09
Nonoperative treatment of first recurrence (n = 67), %	10	11	
Age < 60 years (n = 165), %	45	49	< .05
Age ≥ 60 years (n = 113), %	32	35	
Women (n = 75)	17	22	.13
Men (n = 203)	25	32	

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## 278 Patients

- Curative resection 5yr OS 44%
  - 2<sup>nd</sup> curative resection 5yr OS 46%
  - 3<sup>rd</sup> curative resection 5yr OS 44%
- Noncurative resection 5yr OS 14%
- Nonsurgical treatment 5yr OS 11%

Age < 60 years (n = 165), %	43	47	< .001
Age ≥ 60 years (n = 113), %	32	35	
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## 278 Patients

- Disease free interval > 12 months
- Solitary (vs. multiple) recurrence
- Age < 60 yrs
- Curative (vs. noncurative) metastasectomy

Nonoperative treatment of first recurrence (n = 67), %	10	11	
Age < 60 years (n = 165), %	45	49	< .05
Age ≥ 60 years (n = 113), %	32	35	
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# Local treatments for metastases of renal cell carcinoma: a systematic review

Saeed Dabestani, Lorenzo Marconi, Fabian Hofmann, Fiona Stewart, Thomas BL Lam, Steven E Canfield, Michael Staehler, Thomas Powles, Börje Ljungberg, Axel Bex

In six of the eight studies, a significantly longer median overall survival or cancer-specific survival was reported after complete metastasectomy compared with incomplete or no metastasectomy (median 40.8 vs. 14.8 months).

# Local treatments for metastases of renal cell carcinoma: a systematic review

*Saeed Dabestani, Lorenzo Marconi, Fabian Hofmann, Fiona Stewart, Thomas BL Lam, Steven E Canfield, Michael Staehler, Thomas Powles, Börje Ljungberg, Axel Bex*

The results suggest that patients treated with complete metastasectomy have better survival and symptom control (including pain relief in bone metastases) than those treated with either incomplete or no metastasectomy.

# Outcomes Following Complete Surgical Metastasectomy for Patients with Metastatic Renal Cell Carcinoma: A Systematic Review and Meta-Analysis

Harras B. Zaid, William P. Parker, Nida S. Safdar, Boris Gershman, Patricia J. Erwin, M. Hassan Murad, Stephen A. Boorjian, Brian A. Costello, R. Houston Thompson and Bradley C. Leibovich\*

Complete surgical metastasectomy was associated with a reduced risk of all cause mortality compared with incomplete surgical metastasectomy (HR 2.37)

# Survival After Complete Surgical Resection of Multiple Metastases From Renal Cell Carcinoma

Angela L. Alt, MD<sup>1</sup>; Stephen A. Boorjian, MD<sup>1</sup>; Christine M. Lohse, MS<sup>2</sup>; Brian A. Costello, MD<sup>3</sup>;  
Bradley C. Leibovich, MD<sup>1</sup>; and Michael L. Blute, MD<sup>4</sup>

887 patients who developed multiple metastases  
125 underwent complete resection of all metastases  
→ ***median CSS 4.8 yrs vs. 1.3 yrs***

# Survival After Complete Surgical Resection of Multiple Metastases From Renal Cell Carcinoma

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Bradley C. Leibovich, MD<sup>1</sup>; and Michael L. Blute, MD<sup>4</sup>

Lung-only disease: 5yr CSS 74% vs. 19%

Non-lung disease: 5yr CSS 33% vs. 12%

→ ***median CSS 4.8 yrs vs. 1.3 yrs***

# Role of metastasectomy in metastatic renal cell carcinoma

Arun Z. Thomas, Mehrad Adibi, Leonardo D. Borregales,  
Christopher G. Wood, and Jose A. Karam

Organ	Incidence	5yr OS	Favorable metastasectomy features
Lung	45-75%	36-50%	Complete metastasectomy Pulmonary metastases (<7) Negative lymph node metastases RFS more than 23 months
Bone	15-34%	35%	Solitary metastasis Bone only metastasis if multiple
Liver	20%	18-43%	ECOG 0 pN0 at nephrectomy Fuhrman gr 1-2 at nephrectomy Metachronous metastasis at diagnosis No extra-hepatic disease
Retroperitoneum	3%	18-52%	Solitary recurrence pN0 at nephrectomy Size of recurrence

# Role of metastasectomy in metastatic renal cell carcinoma

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Organ	Incidence	5yr OS	Favorable metastasectomy features
Lung	<ul style="list-style-type: none"> <li>• Extended recurrence free interval</li> <li>• Solitary metastasis</li> <li>• Complete metastasectomy</li> <li>• No lymph node disease</li> <li>• Low grade primary tumor</li> </ul>		
Bone	<ul style="list-style-type: none"> <li>• Extended recurrence free interval</li> <li>• Solitary metastasis</li> <li>• Complete metastasectomy</li> <li>• No lymph node disease</li> <li>• Low grade primary tumor</li> </ul>		
Liver	<ul style="list-style-type: none"> <li>• Extended recurrence free interval</li> <li>• Solitary metastasis</li> <li>• Complete metastasectomy</li> <li>• No lymph node disease</li> <li>• Low grade primary tumor</li> </ul>		
Retroperitoneum	3%	18-52%	<p>NO extra-hepatic disease</p> <p>Solitary recurrence</p> <p>pN0 at nephrectomy</p> <p>Size of recurrence</p>

# The clinical effectiveness and cost-effectiveness of ablative therapies in the management of liver metastases: systematic review and economic evaluation



Emma Loveman, Jeremy Jones, Andrew J Clegg, Joanna P...  
Jillian L Colquitt, Diana Mendes, David J Breen, Emily M...  
Steve George, Graeme Poston, David Cunningham, ...  
Theo Ruers and John Primrose

## Multicenter Study of Metastatic Lung Targeted by Interventional Cryoablation Evaluation (SOLSTICE)

Matthew R. Callstrom, MD, PhD,<sup>a,\*</sup> David A. Woodrum, MD,<sup>a</sup>...  
Francis C. Nichols, MD,<sup>b</sup> Jean Palussiere, MD,<sup>c</sup> Xavier Buy, MD,<sup>c</sup> Robert D. Sun, MD,<sup>c</sup>...  
Fereidoun G. Abtin, MD,<sup>d</sup> Bradley B. Pua, MD,<sup>e</sup> David C. Madoff, MD,<sup>e</sup>...  
Sandeep L. Bagla, MD,<sup>f</sup> Dimitrios C. Papadouris, MD,<sup>f</sup> Hiran C. F...  
Damian E. Dupuy, MD,<sup>h</sup> Terrance T. Healey, MD,<sup>h</sup> William H. Mod...  
Thomas V. Bilfinger, MD,<sup>i</sup> Stephen B. Solomon, MD,<sup>j</sup> Hooman Yar...  
Henry J. Krebs, MD,<sup>k</sup> Charles J. Fulp, MD,<sup>k</sup> Antoine Hakime, MD,<sup>k</sup>...  
Lambros Tselikas, MD,<sup>l</sup> Thierry de Baere, MD<sup>l</sup>

Raul N. Uppot<sup>1</sup>  
Debra A. Gervais<sup>1,2</sup>

## Imaging-Guided Adrenal Tumor Ablation

**OBJECTIVE.** The purpose of this review is to describe the in...  
to imaging-guided ablation of the adrenal gland.

## Percutaneous Minimally Invasive Thermal Ablation of Osseous Metastases: Evidence-Based Practice Guidelines

**OBJECTIVE.** The objective of this article is to describe evidence-based guidel...  
percutaneous minimally invasive imaging-guided thermal ablation of bone metastase

## Renal fossa recurrence after nephrectomy for renal cell carcinoma: prognostic features and oncological outcomes

Sarah P. Psutka <sup>\*,†</sup>, Mark Heidenreich <sup>‡</sup>, Stephen A. Boorjian <sup>\*</sup>, George C. Bailey <sup>\*</sup>,  
John C. Cheville <sup>§</sup>, Suzanne B. Stewart-Merrill <sup>¶</sup>, Christine M. Lohse <sup>\*\*</sup>, Thomas D. Atwell <sup>||</sup>,  
Brian A. Costello <sup>‡‡</sup>, Bradley C. Leibovich <sup>\*</sup> and R. Houston Thompson <sup>\*</sup>

# Radiofrequency Ablation of Metastases from Renal Cell Carcinoma: Technique, Complications, and Midterm Outcome

Christian Kloeters <sup>a,\*</sup>, Ann-Kathrin Mager <sup>a</sup>, Manfred Johannsen <sup>b</sup>, Martin Ringsdorf <sup>b</sup>,  
Andreas Roemer <sup>b</sup>, Maximilian Tuellmann <sup>b</sup>, Bernd Hamm <sup>a</sup>, Eike Hein <sup>a</sup>, Patrik Rogalla <sup>a</sup>

38 Pts → 66 mets

Tumor debulking in 7 pts with 16 metastases

Definitive treatment in 31 pts with 50 metastases

Mean follow-up 10mo (3-47)

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38 Feasible  
Tumors  
Deaths  
Metastases

2 pneumothoraces (11 lung rfa's)  
Single recurrence reported

# Percutaneous Cryoablation of Metastatic Renal Cell Carcinoma for Local Tumor Control: Feasibility, Outcomes, and Estimated Cost-effectiveness for Palliation

Hyun J. Bang, MD, Peter J. Littrup, MD, Dylan J. Goodrich, BS,  
Brandt P. Currier, BS, Hussein D. Aoun, MD, Lance K. Heilbrun, PhD,  
Ulka Vaishampayan, MD, Barbara Adam, NP, and Allen C. Goodman, PhD

27 Pts → 60 procedures → 72 mets  
All patients intermediate or poor risk

Table 4. Total Procedural and Satellite Recurrences by Anatomic Location of Tumor

Location	No. of Tumors	Total Local Recurrences
Soft Tissue		
Nephrectomy bed	11	—
Adrenal gland	9	—
Paraaortic	7	—
Superficial	12	—
Intraperitoneal	5	—
Bone	13	1
Subtotal	57	1
Liver	1	1
Lung	14	—
Total	72	2 (3)

Note.—Values in parentheses are percentages.

Local control in 70/72 (97%) mets  
5yr OS 27%

# Feasibility and Oncologic Control after Percutaneous Image Guided Ablation of Metastatic Renal Cell Carcinoma

Brian T. Welch,\* Matthew R. Callstrom,† Jonathan M. Morris,\* Anil N. Kurup,\*  
Grant D. Schmit,\* Adam J. Weisbrod,\* Christine M. Lohse,\* Manish Kohli,\*  
Brian A. Costello,\* Kenneth R. Olivier,\* R. Houston Thompson,\*  
Stephen A. Boorjian\* and Thomas D. Atwell\*,‡

J Urol 2014; 192:357-363

61 patients → 74 ablation procedures →→ 82 RCC metastases

Location of disease (82 tumors)

- Hepatic
- Adrenal
- Spine/paraspinal
- Bone
- Retroperitoneal/soft tissue
- Nephrectomy bed
- Body wall
- Lung
- Diaphragm
- Gluteal muscles



# Feasibility and Oncologic Control after Percutaneous Image Guided Ablation of Metastatic Renal Cell Carcinoma

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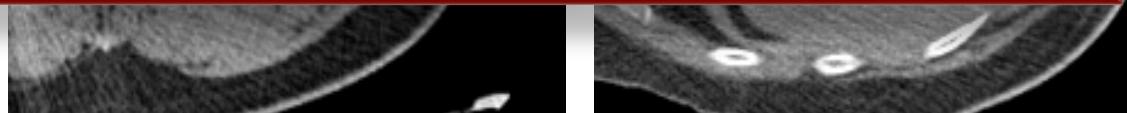
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Local control 78/82 (95%)  
CSS 82% @ 3yrs  
LRFS 83% @ 3yrs  
Complications 4%

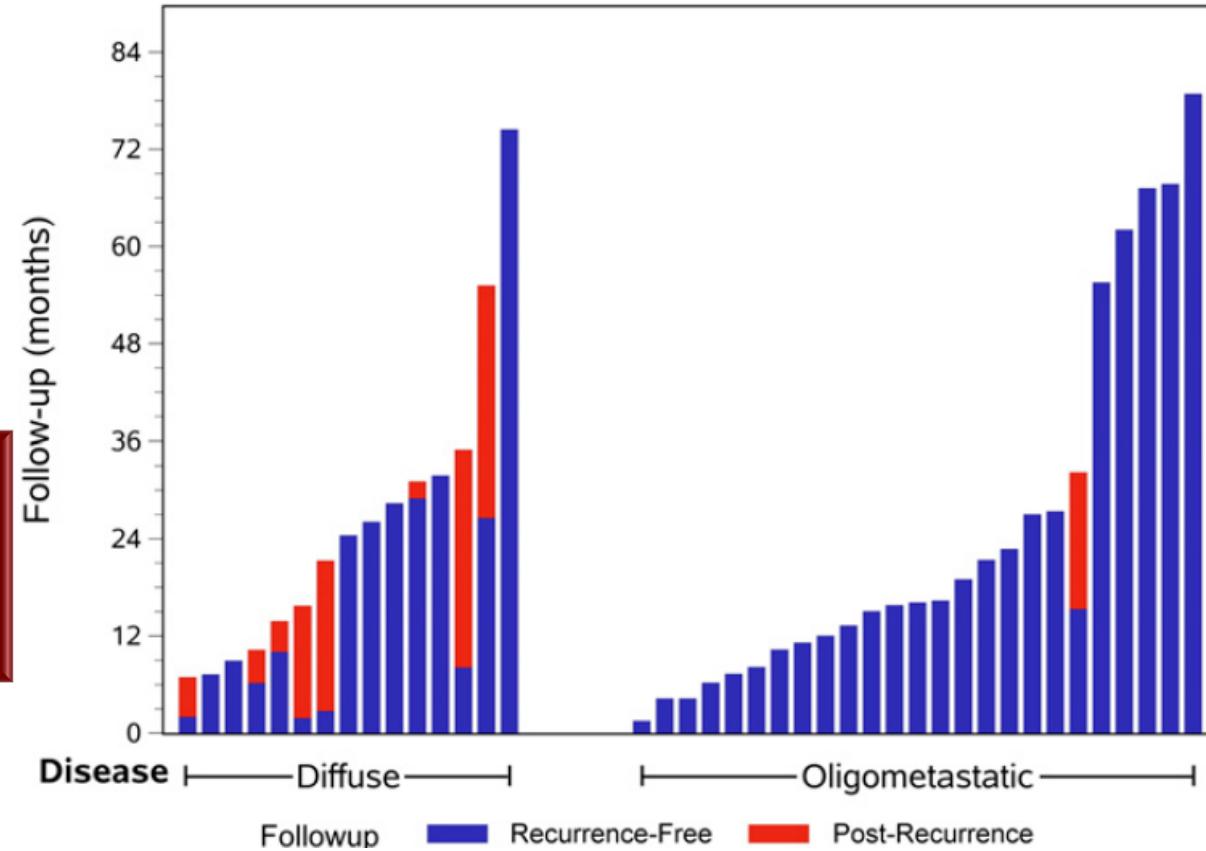


# Cryoablation of Bone Metastases from Renal Cell Carcinoma for Local Tumor Control

Carly S. Gardner, MD, Joe E. Ensor, PhD, Kamran Ahrar, MD, Steven Y. Huang, MD, Sharjeel H. Sabir, MD, Nizar M. Tannir, MD, Valerae O. Lewis, MD, and Alda L. Tam, MD

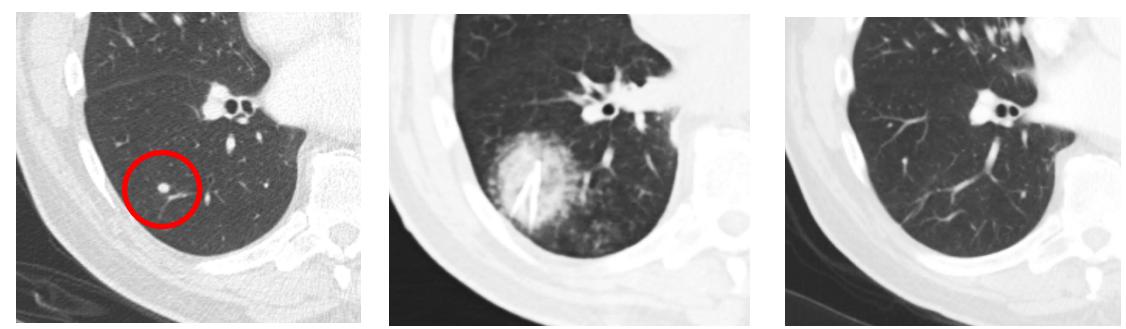
40 patients with 50 bone metastases  
Median follow-up 35mo

Local control in 82%  
Progression elsewhere 38/40



J Bone Joint Surg Am 2017; 99:1916

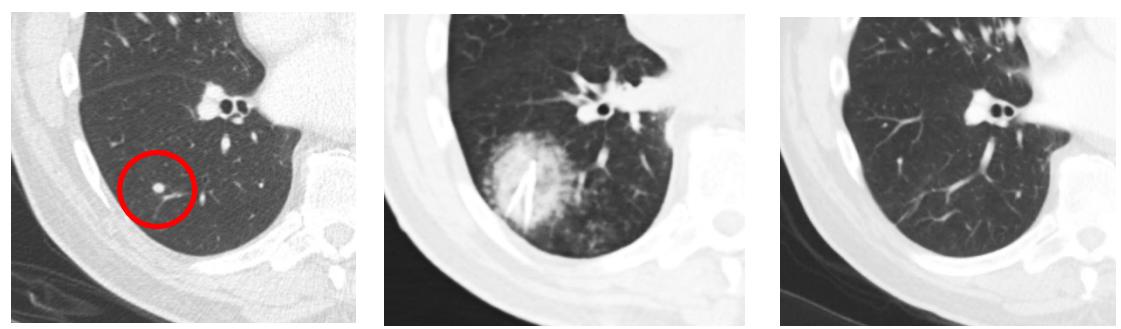
# Renal cell carcinoma lung metastases treated by radiofrequency ablation integrated with systemic treatments: over 10 years of experience



Alexis Gonnet<sup>1,2</sup>, Laura Salabert<sup>3,4</sup>, Guilhem Roubaud<sup>4</sup>, Vittorio Catena<sup>1</sup>, Véronique Brouste<sup>5</sup>, Xavier Buy<sup>1</sup>,  
Marine Gross Goupil<sup>3</sup>, Alain Ravaud<sup>3</sup> and Jean Palussière<sup>1\*</sup>

53 Pts → 65 RFA procedures → 100 RCC lung mets  
Median follow-up 61mo

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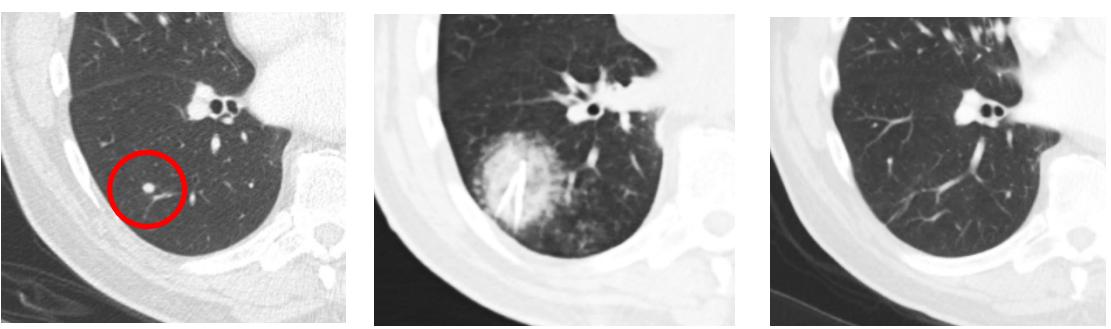
53

Local control in 91%  
- 7/9 received repeat RFA  
5yr OS 62%  
3yr PFS (lung) 59%  
Median time to systemic tx: 28mo

met

BMC Cancer 2019. 19:1182

# Renal cell carcinoma lung metastases treated by radiofrequency ablation integrated with systemic treatments: over 10 years of experience



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Marine Gross Goupil<sup>3</sup>, Alain Ravaud<sup>3</sup> and Jean Palussière<sup>1\*</sup>



# Kidney Cancer

## **RELAPSE OR STAGE IV TREATMENT**

Clinical trial

or

See First-Line Therapy (KID-C, 1 of 2)

or

Metastasectomy or SBRT or ablative  
techniques for oligometastatic disease

and

Best supportive care<sup>h</sup>

# Cryotreatment against Metastatic Renal Cell Bone Tumour Reduced Multiple Lung Metastases

HIDEJI NISHIDA<sup>1</sup>, TOSHIHARU SHIRAI<sup>1</sup>, KATSUHIRO HAYASHI<sup>1</sup>, AKIHIKO TAKEUCHI<sup>2</sup>, YOSHIKAZU TANZAWA<sup>1</sup>, ATSUSHI MIZOKAMI<sup>3</sup>, MIKIO NAMIKI<sup>3</sup> and HIROYUKI TSUCHIYA<sup>1</sup>

Anticancer Res 2011. 31:2927

Efficacy of vertebral cryoablation and immunotherapy in a patient with metastatic renal cell carcinoma: a case report

Cardiovasc Intervent Radiol (2011) 34:424–430  
DOI 10.1007/s00270-010-9896-9

CASE REPORT

Apiruk Sangsin, Hideki Murakami\*, Takaki Shimizu, Satoshi Kato and Hiroyuki Tsuchiya

J Med Case Rep 2019. 13:96

## Spontaneous Regression of Multiple Pulmonary Metastases After Radiofrequency Ablation of a Single Metastasis

Pramod Rao · Bernard Escudier · Thierry de Baere

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Anticancer Res 2011. 31:2927

## Overview

The Dandelion Dilemma Revisited for **Oligoprogression**: Treat the Whole Lawn or Weed Selectively?

P.H. Patel <sup>\*†</sup>, D. Palma <sup>‡</sup>, F. McDonald <sup>\*†</sup><sup>1</sup>, A.C. Tree <sup>\*†</sup><sup>1</sup>

Clin Onc 2019. 31:824

Aprik Sangsin, Hideki Miyakami, Takaki Shimizu, Satoshi Kato and Hiroyuki Tsuchiya

J Med Case Rep 2019. 13:96

## Spontaneous Regression of Multiple Pulmonary Metastases After Radiofrequency Ablation of a Single Metastasis

Pramod Rao · Bernard Escudier · Thierry de Baere

# Conclusion

Treatment of oligometastatic RCC is associated with improved patient survival

Ablative techniques warrant consideration in management of metastatic RCC